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News

A Bimonthly News,
Inspiration and
Consciousness tool



*Rose A. Jenkins
"At the Sapphire Gate a
Black Swan emerged," 2023*

— PDF Issue —

Early Autumn Edition

— Sep/Oct 2023 —

Cover art: "At the the Sapphire Gate,
a Black Swan emerged."

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About the Cover...

“At the Sapphire Gate, a Black Swan emerged.” Original art © 2023 by Rose A. Jenkins. *Comment:* As I was working on this cover, it seemed as if a black swan was urging me on. The unexpected is part of every creative person’s path, so when the Black Swan nudged itself into my cover, I welcomed it and embellished it a bit. Be sensitive to what transpires this autumn. The “flack” is hitting the fan. Be creative, though. Be open to the energies of transformation, sidestepping pessimism. Be courageous. Be yourself, no matter what else is “flying around” you. ❖

Editorial - If we can't fix a broken system, we have to replace it. Cosmic Law demands it.

“A Modest Proposal,” redux

© 2005 by Rose A. Jenkins, editor/publisher. Rev. Aug. 6, 2023.

Some modification, additions and/or edits.

Editor’s foreword: To accomplish a miracle, it is not necessary for us to sweat all of the details of accomplishing the miracle. It is enough to focus on the outcome, though looking at some of the specific ways of achieving it can certainly tone up our collective muscles.

So, no, I don’t have all the answers to how this recreation could be done. But I do know we need a “Thomas Jefferson” approach, and either remake this country of ours in the image of a New Eden, or it will be finished. The potent enemies of Freedom, Humanity, Earth and Beauty are too well represented in the present construct. That’s why I say if it can’t be fixed, it must be replaced. If we can’t imagine this as a possibility, we will have effectively “left the field,” allowing Creation’s enemies a victory they’re not entitled to and don’t deserve. ◇

Actually, what I’m about to describe is not really a modest proposal, but stepping large into the realm of possibilities: *I imagine a just world, were soul-directed people know what to do because the Gatekeeper of the Heart has given guidance and permission.* We just need to claim the power we already have, “inalienable rights.”

But, we see ourselves as weak, ineffectual, pessimistic about our chances – *not without cause, as the task is truly daunting.* Nevertheless, we have to change that victim and defeatist mentality into that of courageous “Planet Saver,” taking on the “Global Menace.” (*We are part of the “tag team” in this match-up.*)

Fascist, Nazi or Corporate, what’s the difference? The Nazis of Germany consciously married corporate power with its military might and produced its Monster, i.e., WWII with help from industrialists here and in Europe. Afterwards, America’s corporate and military marriage produced its own monsters, *a symptom of this was trying to bury the hideous truth about what happened when we dropped bombs in Hiroshima and Nagasaki in 1945, much like the German Reich told its people that those who described and talked about Death Camps were mistaken, deluded enemies of the German people.* But, by confiscating early filming of the aftermath of the A-Bomb, American moral leadership went up in smoke. Instead, it pursued its own corporate-military merger with more vigor than ever, propelled by the influx of alien technology and reverse engi-

neering some of that technology (*documented from the early to mid 50s and only recently “disclosed”*) as we were forced to stumble along with 19th century technology based on oil burning, etc.

Aside: Dr. Greer, siriusdisclosure.com does a thorough job of detailing the kinds of technology which, if put in play today, would absolutely halt “climate change” in a few years without the evil, perverse draconian measures on the table courtesy of the World Health Organization and other globalist portals of control. Also see article, pg. 7.◇

Time to Rescind the Right of a Corporation to Pretend to be a Human Being It was largely Europeans during the Age of Exploration (1500’s-1700’s), notably the Dutch, English, Portuguese, etc., who created the inhuman structure called a “corporation,” a body without a soul. They empowered it (*the corporation*) to grow and multiply, exempting its creators from as much liability as possible, and omitted to include accountability or a Corporate Conscience. No, that was outside its legal-mechanistic innards – except the desire to grow and survive (like a kind of commercial cancer).

The legal profession frolicked in this playground of “freedom-from-restraint” and such people dedicated to their own survival *at the expense of others were unwilling to face up to social harms resulting from their clients’ activities. Afterall, they are paid handsomely to see/hear/know no evil their clients might be up to – or to make damn sure no one can easily prove it (hence their fondness for loopholes, and glee in exploiting same).*

But great evil is and has been committed by globalists operating in America and most of the “developed world.” *Consider the horrific realities of post-jab all-cause rise in deaths, and the tragedy of young people dying at record rates.* The evidence of malfeasance across many fronts is so overwhelming, that if this was a Western movie, the bad guys (and gals) would already be hangin’. The next best thing to a public hanging of these mal-doers (*no matter who*) is to allow victim liabilities to crush the ability of any globalist entity to continue to do its “business,” ushering in an Age of Receivership and Planetary Restoration.

Aside: This will unleash the power of billions of victims now allowed to bring suit against globalist malefactors who will be prevented from escaping into bankruptcy court. In this Libra-scale-of-Justice time, this seems entirely appropriate. *Who will do the cleansing here? Those who have maintained their integrity and adherence to Truth and Fairness, not always bound by the corrupted “letter of the law.”* ◇

Back to the proposal We have a collective obligation to redefine the “corporation” in such a way that its board members, executive officers, chief scientists, and profiteers (*shareholders*) cannot escape their “severally and individual” liability for products and practices that kill, disable, maim, contaminate or otherwise constitute a public harm and obvious threat to life and well-being. This would follow from the creation of an **Planetary-Environmental-Health Crime which will apply to all the Bigs: Big Pharma, Big Tech, Big Ag, and the Military-Industrial-Complex, et al** (*including those placed in our houses of government and governmental agencies*). All legal constructs that shielded these human-made monsters will be stripped away, rescinded, revoked.

Aside: In other editions of *Pathfinder*, I describe a means of doing this through a **Universal Charter** for doing business, with social responsibilities built into it and punishments for violations, but, in no way would this new Charter impede legitimate commerce, just restrain sociopathic activities masquerading as commerce. ◇

Meanwhile, using our powers of Imagination, Good Intention and Good Will, *we-the-sovereign-souls of America will halt further Illuminati-Corporate depredations by creating a transitional structure to fill the void when we crack open the globalist agenda, apprehend the mal-doers, which will work like a receivership, and turn the corporation-without-a-conscience over to those who can fulfill a leadership role there at the commercial end of things with integrity and competence.*

Such a corporate criminal would in fact be “sent to jail”: its profiteering officers (*its Board of Directions, CEOs, CFOs and such like*) made to surrender their ill-gotten gains to victims, both planetary and human and replaced with representatives of consumer and environmental watchdog organizations (*without ties to the offending corporation*)— **people who have the ability and knowledge base to shepherd the enterprise** until such time as the “Company” may be said (*through a review process per the above*) to have been rehabilitated*.

**Aside:* “Non-harmful” activities of such companies may be continued, with the assumption that there is a benefit to the whole, that workers are not responsible for executive decisions, and that no more harmful products or practices are continuing. So, no more glyphosate, neonicotinoids, GMOs, chemtrail operations/weather warfare, toxic vaccines, 5G, the “pageantry” of endless war, and such like, all part of the global, deadly assault upon us. Or other privateers of space through satellite launches as part of the 5G network or just spying on the citizenry in general, like Google Earth, which is violating the privacy of every person on earth – selling information to other commercial and governmental entities for profit.

See “A Modest Proposal,” cont. on pg.3

the Pathfinder...

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What is made may be unmade. A choice, afterall.

The Golem a Magic Creature (or “incorporation”)

Material obtained from various sites. Excerpt reprinted as “fair use.” Abridged. Edited for brevity, clarity, and/or flow. Editor’s comments, etc., in square brackets. References omitted.

Editor’s foreword: The Sep-Oct time of the year has almost universally been regarded as a time of magic (and peril). “There are more things in Heaven and Earth, Horatio, than are dreamt of in your philosophy,” Hamlet, Act 1. Like the reality of magic, for example. And, so, this article, updated for the Sep/Oct 2023 issue, touches upon the deeply mystical “Book of Creation,” the Sepher Yetzirah. Read on. ◇

Rabbi Loeb and the Golem of Prague

© by Ilil Arbel, PhD, Feb. 19, 2000

Material obtained from pantheon.org/articles/r/rabbi_loeb.html. Appeared in the SO13 issue of Pathfinder. Edited, modified; material added, Aug. 15, 2023.

OF ALL THE GOLEM LEGENDS, NONE IS AS FAMOUS AS THE STORY OF THE GOLEM OF PRAGUE. There had been books, plays, and even films depicting it, and often they included the creator of the Golem of Prague, Rabbi Loeb.

Prague was home to many Jewish scholars and mystics; Rabbi Loeb was probably the most famous. He lived a long life, 1513-1609, and defended his people valiantly against their enemies. His followers loved him so much they called him “The Exalted One.”

Even to a holy man, or a great mys-

“A Modest Proposal,” cont. from pg. 2

A Receivership Tribunal will be responsible for dividing Killer Company profits into direct payments to a Victims Trust and Planetary Restoration Fund.

Aside: The Executive branch, those within Congress, the Senate, Supreme Court and governmental agencies who denied the harmfulness of such products, permitting them to continue, promoting them, or rejecting real science and evidence of harm will be liable for some of the same treatment as co-defendants, since they are effective operatives and shields for corporate actors. ◇

No piece of legislation or executive action will supersede the Body of Facts of harm seen and experienced. (In this way, Justice, fairness and Nature will finally have a say in this country without the piecemeal and uncertain roll of the dice that constitutes our Court System.)

Giant Killer Then, we will have earned the heroic title of “Giant Killer,” proclaiming unequivocally that tyrannical global, soulless monsters are no more; their officers, owners no longer able to hide behind liability shields; no longer allowed to kill, disable, maim, poison, contaminate with impunity. We will have stepped up to the challenge and assumed the mantle of “Planet Saver,” standing victorious over the bodies of corporate dinosaurs (and their in-league human enablers) – their day ended. So, if we can jump the chasm of uncertainty and fear, we can remake our world and glorify it with our hearts, minds and hands: A New World — gleaming, splendid, alive. Grateful.

— Rose Jenkins —

For the Planet

tic, creating life [see foreword] is forbidden. *It can only be justified if many lives would be saved by doing so, and not always even then.* But Rabbi Loeb was instructed to try the horrifying task, and so, to him, save* the Eastern Jewish population. [*Editor’s: Because of the oppression most Jews experienced in old Czechoslovakia, now the Czech Republic.]

He created his Golem with divine help, using Kabbalistic formulas communicated to him in dreams. Acquiring this God-given knowledge was neither simple nor easy. The formulas were given, but deciphering them had to be done by the person himself. Worse, he had to use the Shem Ha-me-for-ash – the true name of God, which was known only to a few holy men in each generation, and was very dangerous to pronounce. The power it unleashed could turn against the man who uttered it.

Rabbi Loeb proceeded to conjure (despite the real danger) This myth is unusual in that it is [is alleged to have happened in a specific year – 1580].

There was a new danger brewing in Prague; a notorious priest, Tadeush, planned to accuse the Jews of a new “ritual murder.” Rabbi Loeb heard about it, and to avert the horrible danger, directed a dream question to heaven to help him save his people. He received his answer in an order that is alphabetical in Hebrew: **Ata Bra Golem Devuk Hakhomer VeTigzar Zedim Chevel Torfe Yisroel.**

The simple meaning was: **Make a Golem of clay and you will destroy the entire Jew-baiting company.** But this was only part of the message. The inner meaning had to be understood to be effective. Rabbi Loeb extracted the real message by using Zirufim*, special Kabbalistic formulas. And when he was done, he knew he could accomplish the creation of the Golem.

He called two people to assist him. His son-in-law, a Kohen* (a Jew descended from the ancient order of priests) and his pupil, a Levite (a Jew descended from the servants of the Temple). He explained that they needed four elements – fire, water, air and earth. *The two assistants represented the fire and water, Rabbi Loeb, air, and the Golem, earth.* He explained how they had to purify themselves, because unless they were completely ready, the Shem Hameforash would destroy them. [*Usually spelled in English as “Cohen.”]

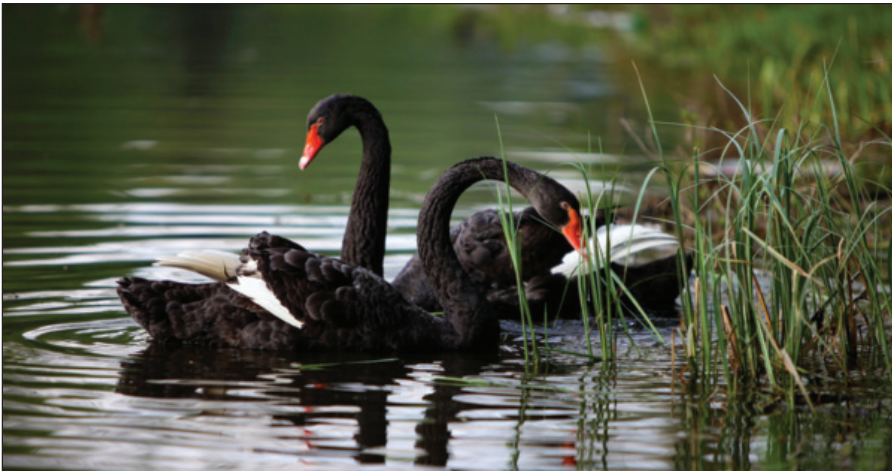
After a day of purification, they read various chapters from a particularly holy book, Sefer Yezira [often spelled Yetzirah], The Book of Creation and then went to the River Moldau. *By torchlight, they sculpted a giant body out of river clay. The Golem lay before them, facing the heaven. They placed themselves at his feet, looking at the quiet face.*

The Kohen walked seven times around the body, from right to left, reciting special Zirufim [kabbalistic formulae]. The clay turned bright red, like fire. Then the Levite walked another seven times around the body, from left to right, reciting some more Zirufim. The fire-like redness disappeared, and water flowed through the body. He grew hair and nails. Then Rabbi Loeb walked once around

See “Golem,” cont. on pg. 10

Something “swanning” towards us? Take a look at...

Black Swan Symbolism



Images from Internet sources. As you can see, black swans exist, and are beautiful.

Material obtained from various sites. Excerpts reprinted as “fair use.” Abridged. Edited for brevity, clarity, and/or flow. Editor’s comments, etc., in square brackets. References omitted.

4 Meanings Behind this Mysterious Swan

Material from joyceelliott.com/black-swan-symbolism. Some modification. Abridged, etc.

The black swan is a bird native to Australia, with a black body and wings with white wing tips, and an orange beak. Black swans are ... water birds because they spend most of their lives in water. They live in shallow bodies of water such as rivers and lakes, where they feed on vegetation. The black swan is a unique bird that has a beautiful color that makes it stand out from all other birds. ... [They are highly intelligent and very social birds that like to form large flocks, which can be seen flying across the sky on warm summer days.]

Major Symbolic Significance Black swan symbolism is connected to insight about yourself. This insight actually changes your role from being a victim to victor. **This animal is a reminder that you can shift from any position that is uncomfortable or that you feel powerless into a position where you reclaim your personal power.** [It represents] beauty and freedom, representing the ability to face challenges with grace, elegance, and confidence. It is a symbol of harmony, intelligence, and elegance

“Black Swan Event” (?) Black swan symbolism is a metaphor [for] an event that comes as a surprise and has a big effect. ... It also refers to situations where the occurrence of events that are deemed impossible are actually observed.

The black swan [appears] in many different cultures throughout history, including the ancient Greeks and Romans. ...

Black Swans represent ...

1. Personal power The black swan [symbolizes] our ability to overcome adversity. It

represents our ability to rise above our situation and make something positive out of it. The black swan is also a symbol of freedom, as the bird is able to fly over any obstacles in its path. ...

Personal power means that you can make a difference in the world around you. You have the ability to affect change and affect others’ lives in positive ways. You don’t need anyone else’s approval or help to do this either – only your own will and determination will get you there. ...

2. Rarity [Once thought to be purely mythical, they do exist.] The black swan is a symbol of uniqueness representing the idea that there is something special about you. They represent the unexpected, the unusual, and the misunderstood...

3. Improbability [They are also associated with “chaos theory” [quotes added] because the events that are synchronous with their appearance **cannot be predicted based on past events or trends.**

4. Surprise The black swan can also represent the dark side of our personality. With this meaning, it represents something that you don’t want to see or know about yourself.

It is also used as a metaphor for people who are perceived as being different or strange because they challenge our assumptions about what’s possible or normal. ... *It can also describe something good happening unexpectedly (e.g., finding money on the street).* ...

The most important spiritual meaning of the black swan is love. In many cultures around the world, the black swan is a symbol of love, loyalty, and devotion. [It represents] our ability to change and evolve as individuals and as a species. The image of a black swan suggests the idea that we are all capable of unexpected change and transformation, regardless of our circumstances in life or what others may think about us.

Swan Maiden in Mythology The swan has been a popular symbol in mythology and

See “Black Swans,” cont. on pg. 7



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More, Better Life... with Maca Root & Castor Oil

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Benefits of Organic Maca Root

Material obtained from healthranger store.com/blogs/natural-health/... (Jul. 7, 2023). Excerpt reprinted as "fair use." Abridged. Edited for brevity, clarity, and/or flow. Editor's comments, etc., in square brackets. References omitted. In this article segment, the author mentions "organic maca root" frequently. To minimize repetition, it is assumed that any mention of maca root refers to Organic maca root.



Image of Maca Root varieties from Internet source.



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Here's why Organic Maca Root is the ultimate energy-supporting supplement from Mother Nature...

Three macronutrients in particular, namely, carbohydrates, proteins and fats, provide our cells with the fuel they need to perform their normal functions. ...

Aside from these macronutrients, some vitamins and minerals are also needed by our bodies to support healthy energy levels. B vitamins, for instance, are needed for converting carbohydrates, proteins and fats into energy. Vitamin C, iron, magnesium and iodine also play an important role in our body's natural production of energy. ...

Some dietary supplements can also help us maintain healthy energy levels throughout the day. One example of a potent energy-supporting supplement is maca root.

The History of Maca Root The cruciferous vegetable *Lepidium meyenii*, also known as Maca or Peruvian ginseng, is a member of the mustard [or cabbage, i.e., Brassicaceae family]. It is the only cruciferous vegetable native to the Americas and is cultivated for its edible, underground root, which has been used as food and medicine

for thousands of years.

Maca can be found in the Andes Mountains of central Peru, where it grows at elevations roughly between 13,000 and 14,800 feet. Because vegetation was scarce in the area, and marine and animal meat were not readily available, the ancient Peruvians relied on maca root for their daily dose of some energy-supporting nutrients, such as sugar, starches, protein, iron and iodine.

Chronicles from the 16th and 17th century reveal that warriors of the Inca Empire consumed maca root to boost their vitality and physical strength. The Incas also used maca as a folk remedy to support healthy reproductive function, improve mental clarity and treat other ... conditions. Because maca root was so highly prized, it was also used as a form of currency and traded for food like rice, corn, quinoa and beans.

Then, when the Spanish colonizers arrived in Peru in the early 1530s, they filled the Andean highlands with sheep and replaced native crops like maca with oats. The animals, however, were not used to the inhospitable environment of the highlands and their reproductive capacity suffered as a result.

Upon the advice of the native highlanders, the Spaniards fed the animals maca root. Chroniclers wrote of the incredible boost in health they observed in the animals afterward in their records. Because of the amazing properties of maca root, it became part of the tributes demanded by the Spanish colonizers.

Historical documents show that in 1549, a Spanish conquistador named Juan Tello de Sotomayor received maca as a tribute from Peruvian natives. In 1553, another conquistador and Spanish chronicler, Pedro Cieza de Leon, published the first written description of maca, noting that the root vegetable is widely used by the natives to support their health.

Maca root is said to have a sweet, slightly spicy flavor. Peruvian natives traditionally dry the stem just below the

seed leaf* of maca root and then boil it to make maca juice [*botanically the hypocotyl]. Boiling is believed to increase the concentrations of some active compounds in cruciferous vegetables.

For instance, in the case of broccoli, studies show that heating increases the formation of sulforaphane [pronounced sul-FOR-a-thane], a natural chemical with many health-supporting properties. ...

The dried hypocotyl of maca root is as hard as stone and can last for many years in storage. When fermented, the juice made from this hypocotyl can be mixed with liquors or used to make desserts. Boiled maca root can also be combined with fruit juice and milk to make a thick broth. According to research, Peruvian natives consume more than 20 grams (g) of dried maca a day.

Peruvian Maca Root is rich in energy-supporting nutrients Peruvian maca root is widely known as an energizing superfood because of its wealth of nutrients that are either converted into energy inside the body or are involved in energy metabolism.

100 gm serving (~ 3.5 ounces)

[Ed's: "daily value" tends to under estimate quantities required for maximum health, so take these numbers with a "grain of salt"]:

- Dietary fiber, 89% DV
- Protein, 25% DV
- Vitamin B2 (riboflavin), 21% DV
- Vitamin B3 (niacin), 29% DV
- Vitamin B6 (pyridoxine), 57% DV
- Vitamin C (ascorbic acid), 475% DV
- Calcium, 19% DV
- Iron, 28% DV
- Potassium, 35% DV
- Manganese, 39% DV

As mentioned earlier, B vitamins play a vital role in energy metabolism. Vitamin B2 is used by your body to break down carbohydrates, fats and protein into glucose for your cells. Vitamin B3 functions primarily in the form of two coenzymes, namely, NAD+ and NADPH. NAD+ helps break down sugar and oxidize fatty acids to generate energy, while NADPH helps with the synthesis of fatty acids, cholesterol and other biomolecules.

Vitamin B6 is important for the proper functioning of over 100 different enzymes, most of which are involved in the metabolism of fatty acids and the generation of glucose from amino acids. Vitamin C is required for the synthesis of carnitine, a compound that helps transport long-chain fatty acids into the mitochondria, where they are converted into energy for your cells.

Calcium plays a pivotal role in the regulation of energy metabolism, while iron is a crucial component of enzymes involved in the production of ATP [adenosine triphosphate, a chemical energy currency used by all living things], the principal molecule for storing and transferring energy in cells. Manganese, on the other hand, is required by enzymes involved in the breakdown of carbohydrates into energy.

In addition to these nutrients, Peruvian maca root also contains a small

See "Maca root, castor oil," cont. on pg 5

Medical Intuitive

Business Intuitive



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Dowsing Intuitive

Faith Parrish

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"Maca root, castor oil," cont. from pg. 4



The Castor plant produces beans used to make castor oil, but the residue is poisonous – ricin. Not for consumption!

amount of iodine (around 52 micrograms (mcg) per 10g-serving), and at least 18 different amino acids, 7 of which are considered essential (not produced by the body). Iodine is needed for the production of thyroid hormones, which help regulate basal energy metabolism. ...

Peruvian maca root does NOT contain caffeine and has no known or reported side effects when consumed in adequate amounts in supplement form (capsules or powder).

Other Health benefits of Organic Maca Root

Peruvian maca root offers plenty of other health benefits aside from supporting healthy energy levels. Here's what studies have reported about supplementing with maca root:

It supports:

- ✦ **Brain function** – Peruvian maca root contains high amounts of **macamides**, its signature active components. Macamides are said to be responsible for many of maca root's health benefits, including its ability to support a healthy brain. *According to a study published in the journal Evidence-Based Complementary and Alternative Medicine, the antioxidant macamides in Peruvian maca root can protect your brain from oxidative stress, which is heavily implicated in brain aging. This protective benefit can help adults maintain already optimal cognitive performance, especially the elderly.*
- ✦ **Immune function** – Peruvian maca root is a great source of **glucosinolates**, which are **sulfur-containing compounds found exclusively in cruciferous vegetables**. *Glucosinolates are broken down into isothiocyanates like BITC and indole-3-carbinol inside your body. Studies show that isothiocyanates can support your body's natural production of antioxidant enzymes, which help protect cells – including your immune cells – from harmful free radicals. Indole-3-carbinol helps your immune system by supporting the healthy functions of certain immune cells.*
- ✦ **Hormone balance** – According to a study published in the **Inter'l Jrl of Biomedical Science**, supplementing daily with Peruvian maca root can help you *maintain healthy pituitary, thyroid and adrenal levels that are already within the normal range. This benefit may be attributed in part to indole-3-carbinol, which has been shown to support optimal hormone balance, particularly*

in women.

- ✦ **Cardiovascular function** – According to an animal study published in the journal **Plant Foods for Human Nutrition**, including *Peruvian maca root in your daily diet is good for your heart as it can help you maintain healthy blood cholesterol and blood sugar levels that are already within the normal range. A joint study by Australian and Chinese researchers also reported that regular supplementation with maca root can support healthy blood pressure levels that are already within the normal range.*
- ✦ **Reproductive function** – As reported by an article published in the journal **BMC Complementary and Alternative Medicine**, modern clinical trials have confirmed *maca root's ability to support healthy sexual function. Researchers believe that Peruvian maca root's reproductive health benefits are thanks to the unique combination of macamides, glucosinolates, alkaloids and other potent phytonutrients it contains.*
- ✦ **Stamina and endurance** – One of the ways Peruvian maca root supports healthy stamina, endurance and energy levels is by **keeping your mitochondria safe from harmful free radicals, courtesy of antioxidant macamides**. *Mitochondria are the membrane-bound organelles responsible for producing most of the chemical energy your cells need. A study published in the journal Pharmaceutical Biology also found that a macamide in maca root called N-benzoyloleamide can help reduce fatigue caused by exercise. This macamide has also been shown to support your body's natural production of antioxidants, which help keep your brain, liver, mitochondria and muscles functioning optimally.*
- ✦ **It naturally uplifts mood** – Aside from its energy-supporting properties, Peruvian maca root is also known for its **adaptogenic properties**. *Adaptogenic herbs like maca root can help you mount a healthy response to stress by supporting normal hormone functions. Peruvian maca root can also naturally uplift your mood by supporting healthy anandamide levels that are already within the normal range. Anandamide is an endocannabinoid produced by your brain that stimulates feelings of happiness. Thanks to macamides and their biological activities in the brain, Peruvian maca root can help you maintain a positive mood.*

To ensure that the maca root you're buying is 100% clean, safe and sourced from Peru, choose products that have been lab verified for cleanliness, purity and potency like Groovy Bee® Organic Maca Root Powder [no gluten, GMOs or additives, vegan, non-irradiated and certified Kosher and organic. Also lab tested for glyphosate, heavy metals and microbiology]... ☐

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11 Ways Castor Oil Makes Your Hair And Skin Rock

© 2023 By Krista Hillis, *The Alternative Daily.com*
Material obtained from thenutritionwatchdog.com/... (Jun. 19, 2023). Originally from *TheAlternativeDaily.com*. Abridged, etc.

Reader Submission

A DIY Lip Balm

Article reprinted with author's permission. Some modification. Edited for brevity, clarity and/or flow. Editor's comments, etc. in square brackets.

Thanks for the information on Helichrysum! I included it in a batch I whipped up for my daughter who has issues with chewing her lips. This has worked beautifully.

Lip Balm Recipe ("T" = tablespoon)

The quantities below make quite a bit, so if you want less, try cutting the quantities in half.

Igredients (Organic)

- 2 - 3 T Beeswax
- 2 T Shea butter
- 1 T Almond oil
- 1 T Olive oil
- 3 drops Vitamin E oil [or squeezed from a soft gel vitamin capsule]

15 drops each of the essential oils:

Helichrysum, Peppermint, Rose Geranium, Lemon Balm. Lavender is also good.

Procedure

- ◇ Melt the Beeswax and the Shea butter over low heat in a bowl over a small saucepan of water.
- ◇ Remove from heat when melted and add the Almond oil, Olive oil, and essential oils.
- ◇ Put in lip balm* containers and allow to harden. [*Editor's: These can be found in various places, or you might just clean and reuse containers that previously held a similar substance.]

You do have to play with the amounts a little (depending upon how much at one time you want to make). — Patti S.

Editor's postscript: It is fun, really, to experiment with these organic, natural products to create a beautiful and healthy alternative to commercial products. A little bit of customized "homemade alchemy"!

BEFORE WE JUMP INTO THE BENEFITS OF CASTOR OIL obtained from castor beans, it's important to stress the fact that natural ingredients truly are superior. As stated by David Suzuki, researchers have reported that one in eight [12.5%] of the 82,000 ingredients [10, 250] used in personal care products are "industrial chemicals, including carcinogens, pesticides, reproductive toxins and hormone disrupters. These products also include plasticizers, greasers and surfactants." ...

[Why use these when] there are so many oils and butters that are beneficial for both your skin and hair, especially in their raw or natural state!? Oils, including olive, castor and coconut, are rich in vitamins, minerals and antioxidants. This means that they not only moisturize, hydrate and replenish, but in terms of your skin, they will also offer anti-aging properties ... each oil offers their own unique benefits – but today, let's focus on castor oil.

11 ways to use Castor Oil for Better Skin and Hair High in vitamin E, minerals, proteins and beneficial fatty acids, castor oil is great for both your skin and hair. If you have a bottle lying around your home, it's time to put it to good use – here's how.

1. Hair treatment – Castor oil can enhance the look and feel of your hair, making it look both thicker and richer. This oil is what's known as a humectant. After you shower and towel dry your hair, apply a small amount of slightly warmed castor oil, working it into the strands of your hair.

2. Cleanse your skin – Whether you'd like to wash off makeup or benefit from a deep clean, castor oil can help cleanse your pores. In order to benefit from an effective deep cleanse, mix a small amount of castor oil with jojoba oil (1:1 ratio). Massage into your face gently, covering the entire surface of your face. After 10 minutes, wash your face with a warm cloth. This steaming process will help remove excess oil, dirt and other pore-clogging material.

3. Fungal skin conditions – Whether you're suffering from athlete's foot or ringworm, castor oil is rich in a biochemical known as undecylenic acid – which helps target fungal growth. ... Mix castor with coconut oil, applying it to problematic areas repeatedly

until cured.

4. Reduce the appearance of stretch marks – There are a number of reasons why one may suffer from stretch marks, including the effects of puberty and pregnancy. Castor oil is high in what's known as ricinoleic acid, a fatty acid that helps [reduce] the appearance of stretch marks. Massage castor oil into the desired area and wrap with a cotton cloth, allowing the oil to penetrate the skin for 15 to 20 minutes. Repeat on a regular basis for three to four weeks.

5. Fade scars – If you have scars from chickenpox or acne, castor oil can help you [minimize] their appearance. Due to its high fatty acid content, castor oil will penetrate through the epidermal layer, helping to heal the scar tissue by promoting new skin cell growth. Apply before bed, massaging the oil deep into the skin. Leave the oil on overnight and wash it off the next morning.

6. Treat acne – The fatty acid known as ricinoleic acid helps fight acne-causing bacteria... especially for cystic acne, which is generally more severe. Wash your face, then apply a few drops of castor oil, rubbing it into the affected area. Wash an hour later, or leave on overnight before rinsing.

7. Massage oil – Although you can treat many surface conditions with castor oil, the benefits are more than skin deep. When using as a massage oil, you can help enhance circulation and target sore, achy muscles and joints. Your scalp is also a great area to massage. Just remember, this oil can stain your clothes. Wear old clothing after applying it to your body.

8. Balance scalp pH – Ricinoleic acid has been found to potentially help balance scalp pH, replenishing natural oils and promoting positive hair health. In turn, this can help undo some of the damage that has been caused by harsh hair products. When the pH of your scalp is either too alkaline or too acidic, this can lead to bacterial or fungal issues, an itching scalp and dandruff.

9. Supports hair growth – There have been many cases where individuals swear by cas-

See "More, Better Life," cont. on pg 7

Unbounded... aware... intuitive

18 Signs of High Emotional Intelligence

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When emotional intelligence (EQ) first appeared to the masses, it served as the missing link in a peculiar finding: people with average IQs outperform those with the highest IQs 70% of the time. This anomaly threw a massive wrench into the broadly held assumption that IQ was the sole source of success. Decades of research now point to emotional intelligence as being the critical factor that sets star performers apart from the rest of the pack. **The connection is so strong that 90% of top performers have high emotional intelligence.** EQ is the intangible “something” in each of us. *It affects how we manage behavior, navigate social complexities, and make personal decisions to achieve positive results.* ... I’ve analyzed the data from the million-plus people TalentSmart has tested in order to identify the behaviors that are the hallmarks of a high EQ. What follows are sure signs that you have a high EQ.

Emotionally Intelligent people...

1. Have a robust emotional vocabulary. All people experience emotions, but it is a select few who can accurately identify them as they occur. Our research shows that only 36% of people can do this, which is problematic because unlabeled emotions often go misunderstood, which leads to irrational choices and counterproductive actions.

People with high EQs master their emotions because they understand them, and they use an extensive vocabulary of feelings to do so. While many people might describe themselves as simply feeling “bad,” *emotionally intelligent people can pinpoint whether they feel “irritable,” “frustrated,” “downtrodden,” or “anxious.”* The more specific your word choice, the better insight you have into exactly how you are feeling, what caused it, and what you should do about it.

2. Are curious about people. It doesn’t matter if they’re introverted or extroverted, emotionally intelligent people are curious about people around them. This curiosity is the product of empathy, one of the most significant gateways to a high EQ. ...

3. Embrace change. They know that fear of change is paralyzing and a major threat to their success and happiness. *They look for change that is lurking just around the corner, and form a plan of action should these changes occur.*

4. Know their strengths and weaknesses. They don’t just understand emotions; they know *what they’re good at and what they’re terrible at.* They also know who pushes their buttons and the environments (both situations and people) that enable them to succeed. They know how to lean into them and use them to full advantage while keeping weaknesses from holding them back.

5. Good judges of character. *Much of emotional intelligence comes down to social awareness; the ability to read other people,* know what they’re about, and understand what they’re going through, their motivations, even those that lie hidden beneath the surface.

Over time, this skill makes them an exceptional judge of character.

6. Difficult to offend. If you have a firm grasp of whom you are, it’s difficult for someone to say or do something that gets your goat. Emotionally intelligent people are self-confident and open-minded – even poke fun at themselves or let other people make jokes because they are able to mentally draw the line between humor and degradation.

7. Know how to say no (to themselves and others). Or knowing how to exert self-control. They delay gratification, and avoid impulsive action. *Research conducted at the Univ. of California-San Francisco, shows that the more difficulty that you have saying no, the more likely you are to experience stress, burnout, and even depression.* “No” is a powerful word that you should not be afraid to wield. *When it’s time to say no, emotionally intelligent people avoid phrases such as “I don’t think I can” or “I’m not certain.”* Saying no to a new commitment honors your existing commitments and gives you the opportunity to successfully fulfill them.

8. Let go of mistakes. *Distancing themselves from their mistakes, but do so without forgetting them.* [In this way] they are able to adapt and adjust for future success. *It takes refined self-awareness to walk this tightrope between dwelling and remembering.* Dwelling too long on your mistakes makes you anxious and gun shy, while forgetting about them completely makes you bound to repeat them. The key to balance lies in the ability to transform failures into nuggets of improvement. *This creates the tendency to get right back up every time you fall down.*

9. Giving without expecting anything in return. If someone gives you something spontaneously, without expecting anything in return, it leaves a powerful impression. [*Ed’s: The next thing then, is learning to accept generosity from others without feeling the need to reciprocate, just express gratitude and go on from there.*]

10. Don’t hold grudges. Negative emotions that come with holding onto a grudge are actually a stress response. Just thinking about the event sends your body into fight-or-flight mode, a survival mechanism that forces you to stand up and fight or run for the hills when faced with a threat. *When the threat is imminent, this reaction is essential to your survival, but when the threat is ancient history, holding onto that stress wreaks havoc on your body and can have devastating health consequences over time.* Researchers at Emory Univ. have shown that holding onto stress contributes to high blood pressure and heart disease. Letting go of a grudge not only makes you feel better now but can also improve your health.

11. Neutralize toxic people. Dealing with difficult people is frustrating and exhausting for most. High EQ individuals control their interactions with toxic people by keeping their feelings in check. They identify their own emotions and don’t allow anger or frustration to fuel the chaos. They also consider the difficult person’s standpoint and are able to find solutions and common ground. Even when things completely derail, *emotionally intelligent people are able to take the toxic person with a grain of salt to avoid letting him or her bring them down.*

12. Don’t seek perfection*. Emotionally intelligent people won’t set perfection as their target because they know that it doesn’t exist. When perfection is your goal, you’re always left with a nagging sense of failure that makes you want to give up or reduce your effort. You end up spending your time lamenting what you failed to accomplish and what you should have done differently instead of moving forward, excited about what you’ve achieved and what you will accomplish in the future. [**Ed’s: If you’re in any of the arts, sports or space exploration, perfection is the goal, even if that can’t be attained.*]

13. Express Gratitude Often. Taking time to review the gifts you’ve been given isn’t merely the right thing to do; it improves your mood by reducing the stress hormone cortisol... *Research conducted at the Univ. of Calif.-Davis, found that people who worked daily to cultivate an attitude of gratitude experienced improved mood, energy, and physical well-being.*

14. Seek Down Time. Taking regular time off the grid is a sign of a high EQ because it helps you keep stress under control. *When you make yourself available to your work 24/7, you expose yourself to a constant barrage of stressors.* Forcing yourself offline and even turning off your phone gives your body and mind a break. *Studies have shown that something as simple as an e-mail break can lower stress levels. Technology enables constant communication and the expectation that you should be available 24/7.* It is extremely difficult to enjoy a stress-free moment outside of work when an e-mail that will change your train of thought and

See “Emotional Intelligence,” cont. on pg 7

Check this metaphor against the backdrop of “now.”

Gaslighting the American People, Pt 2

© by Daisy Luther (Jun. 2, 2023)

Material from shiftfrequency.com/gaslighting-the-american-people. Originally from The Organic Prepper (Jun 2023). Article reprinted with publisher’s permission. Some modification. Edited for brevity, clarity and/or flow. Editor’s comments, etc. in square brackets. Conclusion.

Neil Gorsuch (Supreme Court justice):

We have experienced the greatest intrusions on civil liberties in the peacetime history of this country. ...

Executive officials across the country issued emergency decrees on a breathtaking scale. Governors and local leaders imposed lockdown orders forcing people to remain in their homes. They shuttered businesses and schools, public and private. They closed churches even as they allowed casinos and other favored businesses to carry on.

They threatened violators not just with civil penalties but with criminal sanctions too. They surveilled church parking lots, recorded license plates, and issued notices warning that attendance at even outdoor services satisfying all state social-distancing and hygiene requirements could amount to criminal conduct.

They divided cities and neighborhoods into color-coded zones, forced individuals to fight for their freedoms in court on

emergency timetables, and then changed their color-coded schemes when defeat in court seemed imminent.”

At the federal level, he highlighted not only immigration decrees but vaccine mandates, the regulation of landlord-tenant relations and pressure on social media companies to suppress ‘misinformation’.

The gaslighting blowback was immediate... [derogatory remarks appeared in such news media as Slate, NY Times, The New Republic, Above the Law, Law and Crime].

Definition of political gaslighting [again]... For example, *the person or political party may downplay things their administration has done, discredit their opponents, imply that critics are mentally unstable, or use controversy to deflect attention away from their mistakes.*

Oof. If that textbook case of gaslighting isn’t embarrassing, it should be. ... Another thing about narcissists: *they just get angry when they’re called out. They will respond by gaslighting you harder or seeking to “ruin” you.* They’ll punish you with a loss of “privileges,” money, material goods, and freedom. *We’ve watched it happen again and again in our cancel culture media.* Some of us have been unfortunate enough to have personal relationships

with narcissists and learned this the hard way.

The only way to end narcissistic abuse and gaslighting is to recognize it and remove yourself from the situation as much as you can. Obviously, *when it’s our entire government and society, that becomes complicated.* You may be stuck with just recognizing it. But that in itself gives you a certain amount of freedom and personal power. It helps you get off the hamster wheel, and you begin to spot the manipulations more easily.

One thing we can be sure of is that this will escalate as more and more people say, “No, that’s not what happened.” ■

Editor’s postscript: Too many people believe what they’re told by those in authority armed with plausible “official narratives.” Even PBS has fallen into the whirlpool of lies and managed news. *Who can we trust to bring us truth? Using our sense of discernment isn’t all that easy; if it was, we would already be walking through the doorway into a better world. We’re not there yet. Meanwhile, don’t allow yourself to be coerced into accepting officialdom’s explanations for their rotten behavior, or their contemptible efforts to conceal the crimes they’ve committed.*

Let this time of Discernment, Measurement and Harvest guide you to clarity and better ways of improving your ability to tell truth from lies. *Continue the winnowing process that has begun, as wheat is being separated from the shaft; keep the precious golden kernels of Truth and reject the dross.* Claim your freedom to see and know. ❖

“Emotional Intelligence,” cont. from pg. 6

get you thinking (*read: stressing*) about work.

15. Limit their caffeine intake. Drinking excessive amounts of caffeine* triggers the release of adrenaline, and adrenaline is the source of the fight-or-flight response. *The fight-or-flight mechanism sidesteps rational thinking in favor of a faster response to ensure survival. This is great when a bear is chasing you, but not so great when you’re responding to a curt email.* When caffeine puts your brain and body into this hyper-aroused state of stress, your emotions overrun your behavior [and it] takes its sweet time working its way out of your body. *High-EQ individuals know that caffeine is trouble, and they don’t let it get the better of them.* [*Ed’s note: Stimulants deplete the body of B Vitamins, adding to the “stress reaction.”]

16. Get enough sleep. It’s difficult to overstate the importance of sleep to increasing your emotional intelligence and managing your stress levels. When you sleep, your brain literally recharges, shuffling through the day’s memories and storing or discarding them ... so that you wake up alert and clearheaded. High-EQ individuals know that their self-control, attention, and memory are all reduced when they don’t get enough” or the right kind”of sleep. So, they make sleep a top priority.

17. Stop negative self-talk in its tracks. The more you ruminate on negative thoughts, the more power you give them. Most of our negative thoughts are just that – thoughts, not facts. *When it feels like something always or never happens, it is just your brain’s tendency to perceive threats.* Emotionally intelligent people separate their thoughts from the facts in order to escape the cycle of negativity and move toward a positive outlook.

18. Won’t let anyone limit their joy. *When your sense of pleasure and satisfaction are derived from the opinions of other people, you are no longer the master of your own happiness.* When you feel good about something that you’ve done, you won’t let anyone’s opinions or snide remarks take that away from you. *While it’s impossible to turn off your reactions to what others think of you, don’t compare yourself to others. That way, no matter what other people are thinking or doing, your self-worth comes from within.* ■

Travis Bradberry is an award-winning co-author of the best-selling book, “Emotional Intelligence 2.0,” and co-founder of TalentSmart.

“More Better Life,” cont. from pg. 5

tor oil for hair growth, helping to enhance the growth rate. When applied to the scalp, this oil penetrates deep into the pores of your hair follicles, providing nourishment. Work around three tablespoons of castor oil into your scalp. Leave it on for 20 minutes before washing it out with an all-natural shampoo.

10. Soothe bug bites and stings – *When you want to soothe an insect bite or sting, castor oil can help reduce itching and encourage more rapid healing.* It offers both anti-inflammatory and antibacterial properties. *Simply apply a small amount to the affected area and repeat throughout the day.*

11. Combat lines and wrinkles – The fatty acids found in castor oil will penetrate deep into the skin, stimulating the production of elastin and collagen. It will also

“Black Swans,” cont. from pg. 3

folklore for centuries, but it wasn’t until [fairly recently] that the black swan became associated with good luck. ...

The Swan Maiden is often depicted in Celtic, Irish, and also Germanic cultures. Chinese mythology recognizes this bird as a fairy who flies to the Sun and back – bringing blessings to the human world.

Many of the stories involve a Swan Maiden who shifts between the shape of a woman and a swan. A youth steals her swan cloak* while she is bathing one day, which makes the maiden helpless. She has no other choice but to marry him. Many fairytale writers follow a similar theme.

*Editor’s note: This story is similar to the Celtic story of the Selkie, who has a seal’s coat instead of a swan cloak. Similar outcome. A beautiful Irish movie was made on this subject not all that long ago, “The Secret of Roan Inish” depicts this mystery very well. Then there is a myth of the Black Swan Prince, as in Lohrengrin (*which Wagner did up as an opera.*)

In Ireland and Siberia killing a swan is said to bring great misfortune and death. Also in [the Hindu religion], these birds are sacred creatures. A swan or Hamsa is Lord Vishnu’s vehicle. The black swan is also a Native American totem animal that brings good luck to those who carry it in their hearts.

The Black Swan in Australia The black swan is a *native bird found in Western Australia* and is commonly used as an emblem for the state. Once believed to be extinct, it was rediscovered in 1866 on Lake Monger (*in what is now the suburb of Bayswater*) by John Gilbert, who described it as “a most beautiful variety.” It is also known as the “*swan of good omen*” or “*swan of happiness.*” This refers to its ability to mate with various types of swans and produce offspring that are fertile. ...

Dreaming of a Black Swan ... The most common interpretation of seeing a black swan in your dreams *is that you may be about to experience something astounding or unexpected. Worry not, a black swan in a dream is usually a good thing – an unexpected blessing, healing, a transformation of your relationships.*

- ☐ If you dreamt about **two black swans swimming together**, *represents a relationship of harmony and loyalty.*
- ☐ If you dreamt a **group of black swans**, the same meaning [involves] *family relations.*
- ☐ If the **vision seems blurry**, it signifies something unknown or out of your comfort zone. *Keep your eyes peeled!*
- ☐ What about **chasing a black swan**? Are you chasing something in your life that is unattainable, or something is forbidden? *Rethink your choices.*
- ☐ If you see a **black swan in a pond**, good news is coming your way. This often relates to new relationships or a *new admirer may be making themselves known.*
- ☐ A **black swan nesting**. This is connected to home and safety. *You are entering a time of peacefulness and care.*

While the white swan has feminine ener-

[help minimize dark cicles] and the appearance of crow’s feet. Since the skin around your eyes is so delicate, it’s more prone to damage. *To apply, make sure you cleanse your skin, applying a small amount of castor oil around the edges of your eyes and forehead.*

Castor oil is not only effective, it’s cost-

Riveting testimony...

Dr. Greer’s Disclosure 2023

© 2023 by Cassandra Joan Butler, astrologer

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Author’s foreword: 2023 is the year when the topic of UFO/UAPs transitioned from being a **target of conspiratorial derision to being the subject of congressional hearings.** And this transition coincides with the **planet of transformation, Pluto, making its last stand in the sign of power, Capricorn.**

Pluto is the most intensive agent of change in the lexicon of astrological energies. **Pluto’s action first destroys then rebuilds.** Its power penetrates whatever obscures authenticity. *Think of a rotorouter for your plumbing; Pluto is the force that grinds away until the cleansed essence of a thing is revealed.*

The ‘thing’ which Pluto has been cleansing since 2008 has been the energy of Capricorn, **our collective social structure; governments, financial organizations and the elites who sit on top of the proverbial Capricorn Mountain.**

Pluto returned to Capricorn (from its brief stay in Aquarius) for its last big cleansing agenda on June 11, 2023. *I expected some event might mirror that shift. When I heard about the ‘Historic Disclosure Press Conference’ in Washington DC, I knew I had to be there.*

And so, I packed up my travel van and drove to the nation’s capital. I had heard about the organizer of the event, **Dr. Steven M. Greer**, but certainly didn’t consider myself an expert on Ufology, or Greer. **My takeaway from the event was that indeed, disclosure as presented by the Greer event, is the essence of Pluto’s last cleansing of the collec-**

gy, the black swan symbolism carries masculine energy. Together, they represent the yin and yang balance.

Totem Animal Meaning The black swan totem symbolizes power and strength. It is a symbol of protection, balance, and blending of the spiritual with the material world. It represents new beginnings and happiness. This totem animal is also associated with fertility and creativity. *If you want to increase your fertility, try to incorporate black swans into your life more often because they help you connect with your inner child.*

Power Animal Meaning The black swan is a symbol of transformation and rebirth. It represents the quest for a soulmate and the belief that true love can be found even after loss and tragedy. *This makes it a perfect power animal for anyone who has recently lost someone or been through heartbreak. The black swan symbolizes freedom from fear and change, which can help you take control of your life and start living again with confidence and joy.* If you are struggling with depression that seems impossible to overcome, consider adding the black swan as your power animal totem to help guide you

effective ... with a wide range of uses in just one bottle. Whether you want to brighten the look of your hair or combat eczema, every home should have a bottle of castor oil in the medicine cabinet. ■

Editor’s note: Edgar Cayce frequently mentioned Castor Oil in his health trance readings. **“Castor oil packs”** were suggested

tive power structure.

Disclosing... Dr. Steven Greer is a retired medical doctor who has devoted the last 30 years to pursuing the truth regarding the interplay of extraterrestrial beings with earthlings, (*his N. node is in Sagittarius*), plus ways to create meditative contact with off-planet beings (*his moon conjunct Neptune*). What distinguishes his work is his impressive list of high level former military whistleblowers *who provided Greer with incredible eyewitness testimony; underground military installations with ET craft, and US military prototypes of the ET vessels which were reverse-engineered and much more. Dozens of witnesses are featured on his website: drstevengreer.com /evidence-docs/witness-testimony/archives.*

Over the years Dr. Greer has developed a meditative protocol designed to make peaceful contact with non-terrestrial beings. Un-doubtedly his approach was influenced by his early career as a mediation teacher... *Supporters of his ET contact sessions have applauded his work. Critics say he is taking advantage of people’s curiosity by charging upwards of \$8,000 for a session.*

Pressuring the Secret Holders And so, as the June 2023 conference unfolded, the disclosure agenda **wasn’t about outing the existence of ET’s, rather to pressure governments, especially the US government, to disclose what they know about the relationships with the ET’s.**

According to Greer, interplanetary contact has been going on for at least six decades*, during which a secret cabal [*illuminati-freemasonry*], **has been reverse engineering ET technology. The secrets gleaned from such reverse engineering could literally transform the world, if it would were released.**

*Editor’s: **Len Kasten** writes about this in “Visit to the Planet Serpo.” The stuff covered in there is so mind-boggling that I guess the publisher had a hard time coming up with a right-sounding title.

Greer maintains that the biggest coverup the world has ever experienced has been the suppression of incredible ET technology, that includes the ability to generate free energy. Imagine a world with free, clean energy, says Greer; such a release of these energy secrets would liberate humanity by

See “Disclosure 2023,” cont. on pg 19

through your journey to recovery.

Call in this power animal **when you need a miracle.** This animal will create a surprising event that will change the course of your life. *Be patient while you prepare for the wild ride that you are about to embark on. You will find a new sense for life and you will feel regenerated. Surrender yourself to this energy.*

Spirit Animal This spirit animal has to do with reclamation, transformation and magic. They are powerful and sacred creatures. ■

for a host of congestive disorders and to facilitate lymph drainage. *Consider that the lymph system is one of the body’s major immune-boosting systems and cleansers of the body.* Pathfinder readers would be helped in general if they consulted with Cayce, so to speak, **through books featuring his health readings.** *Good to know about, and even more importantly, put to good use.* ❖

"Golem," cont from pg. 3

the body, and placed a piece of parchment in his mouth, on which was written Shem Hameforash. He bowed to the East, West, South and North, and all three of them recited together: "And He breathed into his nostrils the breath of life; and man became a living soul." The Golem opened his eyes and looked at his creator. They dressed him and took him to the synagogue, where he could get ready to start his mission.

Eventually, when the Golem was no longer necessary (and some claim he went mad and became a danger to everyone) Rabbi Loeb decided to return him to the void from which he came. He did that by [removing the parchment containing] the Shem Hameforash, and with it the life principle, and thus restored the Golem into lifeless clay. *The clay figure had to be hidden in the attic of the synagogue, and no one was permitted to enter it again until many years later. Some writers during the 19th century claimed that the outlines of a giant body could still be seen there.* □

***Editor's notes:** Formulas are derived from adding various word-number values together as in gematria. Both Greek and Hebrew letters have numerical equivalents and combinations of letters could be considered a "formula." I couldn't find a specific kabbalistic reference for "Zirufim" when I searched the internet. But, I pressed on. *What about that prefix, "zir":* from *wiktionary.com*: "a large clay jug or vessel." Seems to be getting close to something. *From affixes.org*. "im": plural, group. That just leaves "uf." Well, there is "zir-u": reaping. Maybe the "f" sound is in there is for speaking purposes, a transitional sound bridge.]

On another note entirely, as I searched, I came upon the term "Partzufim: Divine persona, divine attributions, essences of the ten Sephiroh, the energies of Creation. This term made me think of the Grail knights, in particular, Parsifal (sometimes "Percival") a "pure knight." *Hmmm. Coincidence?* ◇

Golem Gone Amuck

Material from grunge.com/459452/the-history-of-the-golem-explained/. Abridged, etc.

STEEPED IN JEWISH FOLKLORE, THE BASIC STORY OF THE GOLEM typically follows a given path: a highly intelligent, learned person – usually a rabbi – creates a being out of clay to serve the Jewish community. *That being is then given a sort of quasi-life after a person carves or otherwise installs a mystical phrase like the secret name of God onto the creature's body. It awakens as a golem.* Though silent, it's tremendously strong and not terribly thoughtful. Often, something goes awry, like a poorly worded command, and the golem turns from a helpful protector to a community menace. *Its creator is then forced to put the creature down, often by altering its life-giving inscription.*

In its earliest, simplest form, "golem" is a descriptive word used to refer to a being that's half-formed. According to the Jewish Encyclopedia, in some interpretations of early Jewish texts, *Adam himself is referred to as a golem [referring] to his first few hours as a "shapeless mass," long before his limbs were formed, or he was granted a soul by God.* It makes sense, given that he was said to have been shaped from the clay of the earth.

Other religious texts like the Bible briefly refer to embryos still growing in the womb as "golems," *again referencing their half-formed... nature.* Psalm 139:16 says that *"Thine eyes did see my substance, yet*



Above painting of Rabbi Loeb creating his "golem," from betterlivingthroughbeowulf.com, Far fight image, "The Golem of Prague statue," Internet.

being imperfect." The word "substance," in some versions, is translated as "golem." ... And it's important to note that, while Adam was said to be created by God and so imbued with a soul, golems created even by the holiest and wisest of men lack that divine spark.

As "The Golem Redux" notes, some variations of these instructions also say that you need to inscribe certain letters onto the golem, usually spelling out "emet" or truth on the creature's forehead. And, when the golem gets frighteningly strong and starts to run out of your control, erasing a single letter in that sequence changes the word to "met" – death. Otherwise, you might write God's name on a bit of paper and place it in the golem's mouth. *To subdue an unruly golem made in this way, you simply need to get close to the raging, powerful creature and remove the tiny scrap of parchment from its mouth.* [Ha.]

The First Historical Golem Rabbi Elijah Ba'al Shem created the infamous Golem of Chelm. According to a video released by Cztery Strony Bajek, *Rabbi Shem was an incredibly wise and well-educated religious leader who was also well-versed in the mystical Kabbalah tradition.* He was so well educated, that he created a clay-based golem to serve and protect the Jewish people of Chelm. *But, setting off a narrative streak that would last for centuries, the golem proved to follow instructions too literally.* When asked to collect wood, for instance, the golem attempted to chop down an entire forest. *The golem was also seen to be growing larger and stronger than it had been originally created.*

To fix the problem, Rabbi Shem was at least still able to use his smarts to end the golem's existence. "The Golem Redux" reports that, in the legend, *the rabbi asked the ever-taller golem to lean down and help the rabbi remove his shoes. Rabbi Shem quickly wiped away the letter aleph from the golem's forehead, turning emet (truth) to met (death).* *In some versions, the rabbi survives, while in others, he's crushed by the weight of the falling, insensible golem – and also metaphorically by his own hubris.*

The Jewish Quarterly Review argues that the story of Prague's golem is heavily influenced by the earlier tale of the Golem of Chelm, Poland. Only, this time the rabbi at the center of the tale is Rabbi Judah Loew [or 'Loeb' as in the story at the beginning], a real man who was so renowned for his learning that he gained the title of "maharal*" derived from his status as a respected teacher.

As the story generally goes, Rabbi Loew created the golem to serve the Jewish community of 16th century Prague, which was beset by antisemitism. *He took clay from a nearby river and built the golem, inscribing emet on the creature's forehead.* [See segment at the beginning.]

The golem went on to do both mundane and wondrous things, from protecting the people in the Jewish ghetto to summoning the spirits of those who were long dead. The Golem of Prague didn't just fetch water or chop wood, but stood between the Jewish people and violent antisemitism like the "blood libel."** Per the Atlanta Jewish Times, the blood libel [referred to the claim] that Jewish people used Christian blood in secret rituals. ...

Eventually, the golem went on a rampage, tearing the Jewish community apart, and Loew was forced to smear the clay inscription to *met*. The remains of that golem are rumored to be in the attic of the city's Old-New Synagogue, which still stands today. ■

Editor's notes:

** Another interesting correspondence, the prefix "mahar" is also a Sanskrit word for a specific group of people in India. I'm getting dizzy! Better slow down.* Although this word is clearly an honorific, probably "exalted one," I was unable to find a spe-

"Special: Why we fight,"cont from pg. 9

The Vitamin D/Nagalase conundrum* Nagalase is an enzyme that prevents Vitamin D receptors (VDR) from being activated on the surface of the macrophage. As a result, macrophages are not "activated" and our immune systems are not able to properly respond to invaders. ...

**From immuneactivator.wordpress:* Nagalase is a protein made by all cancer cells and viruses (HIV, hepatitis B, hepatitis C, influenza, herpes, Epstein-Barr virus, and others). Its formal, official chemical name is alpha-N-acetylgalactosaminidase, but this is such a tongue-twisting mouthful of a moniker so we usually just call it 'Nagalase'."

GcMAF needs normal levels of vitamin D to function (at least 10,000 IU a day); in low responders, larger doses are required. ... The beauty of using your own immune system to attack disease or cancer is that it remembers how to defeat it for the rest of your life: it doesn't come back. And unlike chemotherapy, the side effects are trivial.

[It's been said] that ongoing antimicrobial [antibiotic] therapy without a working immune system is like leaving the house with the door wide open inviting burglars in. *By using GcMAF to activate macrophages... one may regain a functional immune system. The door is then closed to further invaders and we may no longer serve as a microbe hotel.* ... This glyco-protein cure is without side effects but [is unused and completely ignored by in the US]. *Why? Maybe it is because there is little money to be made in selling it. For less than \$2,000* a cancer patient can obtain an adequate amount of GcMAC. [*Ed's: Compared with \$12,000 to*



cific derivation. *So, I guess for the moment, I have to accept that not all Internet searches result in clarity.* :)

***Another note: One wonders. After all, blood rituals exist today and are still connected with human sacrifices to Baal, a child-eating deity from great antiquity, a "blood sacrifice," in fact. Then there is the fact that a great influx of Khazarians who were notorious for adhering to the "old religion," christened themselves as "born again" Jews and immigrated to Eastern Europe. Blood rituals again. But, not all Eastern Jews are Khazarians and biblical Semites are not Khazarians. Those Khazarian guys, however, are "Hubris on the hoof," knowing no shame, remorse or restraint.*

You and me, readers, are living in a time when "legends" have become realized, updated as AI, "smart" devices, and those of the MIC endeavoring to create a cadre of killer soldier robots (I kid you not). And my theme of this time period – the Corporation as a Golem – is still on the rampage. Time to "met" them (see above, changing the activating word to one of deactivation). ❖

"GcMAF needs normal levels of vitamin D to function (at least 10,000 IU a day)..."
.....
"The beauty of using your own immune system to attack disease or cancer is that it remembers how to defeat it for the rest of your life: it doesn't come back."

over \$30,000 for a typical chemo protocol.] ■

Editor's comments Now, you may begin to understand the implications of what the NIH, CDC and other government agencies [aka, Pharma] have been so hard at work to accomplish: deactivation of the human body's immune system, from the phony AIDS/HIV outbreak, to all the other "viral" outbreaks that have by now claimed many **MILLIONS OF LIVES, DESTROYED MILLIONS MORE and they're still at it.** (See article following, next page.)

Is the AMA now just a criminal cult? It may be, considering the role that Morris Fishbein had in shaping the AMA we see now, with its war against natural healing. Fishbein helped spearhead the pharma-drugs-only kind of "medicine" alongside David Rockefeller.

After all, AMA doctors fully cooperated with the false narrative of masks, social distancing, and most infamously of all, the Jab, often receiving financial incentives (documented elsewhere), and are still adhering to the call for repeated jabs, adding "booster" shots into the vaccine schedule for children in order to attend schools. All of which are causing a tidal wave of vax-related all-cause deaths world-wide. As I said, evil. ❖

Hiding in plain sight??

My Cross to Bear, Part 2

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(Continued from the Jul/Aug 23 issue of Pathfinder.)

Backstory (review) So there was this Celtic Cross that at first I did not like. (For



those who are not familiar with the Celtic Cross, it basically looks like a Christian Cross with a circle centered where the vertical and horizontal lines of the cross meet. The Celtic Cross predates the Christian Cross by many centuries.)

This Celtic Cross was in the statuary section in the parking lot of the hardware store near my house. It was four feet tall, two feet wide, and four inches thick. It was colored a horrible brown that they seemed to have just poured over it. The designs on the front were nothing resembling Celtic.

For two years on my weekly walk I would see it standing there. During this time I was doing some magical/mystical landscaping in my front yard. I built a diorama of a temple I made from cow bones my brother gave me. I also bought

a big ceramic Ent, which I refer to as "tree monster." [An Ent is a tree shepherd, per R. R. Tolkien, Book Two]. I hung the Ent in the trees and bushes above and behind the temple. Above the tree monster was my porch. Yeah, something needed to go there. It had to be about four feet tall. Something big, magical, sacred, and just a little bit spooky.

As the Universe would have it, the next time I walked by the cross it was on sale and barely within my budget. I should have checked it out before I bought it. But it was yard decoration. It had to be plaster or hollow ceramic. Right?

Wrong! ...

The Ordeal-Adventure of Moving the Cross

The first rule of moving something dangerously heavy and cumbersome is to walk the route to find any obstacles. I did not have to do this. I knew the way from my backyard to my front yard! (Or so I thought...)

So, the first thing I needed to do was

to get the cross unloaded. I went and found my old green steel two-wheeled dolly and stood it by the open back door of my SUV.

My plan was to slide the cross's base up over the edge of the seat and ease it down on to the dolly. I tried to pull on the base but the right arm of the cross was stuck on the back of the seat. I climbed into the car, straddling the base, and lifted. As the base came over the edge of the seat the arm came loose. The cross came sliding down at an angle that was too high. It looked like it was going to hit my car door. At the last second it dropped just enough to clear the door and landed on the dolly.

I got out of the car and grabbed the arms of the cross and brought it towards me. Pulling a bit too hard, it stood up on the dolly and kept coming! Toward me! I planted my feet and pushed. It came back up. On the uneven brick driveway, the dolly and cross stood.

I went into the house and got every bungee cord I could find. After wrapping, figure-eighting, and binding, the cross and dolly were one.

You have probably heard the story of an old(er) guy who went for a short hike and it turns into a life and death struggle. It is embarrassing when you are that old(er) guy and you are just going from your backyard to your front yard.

There are two levels in my backyard. There is the driveway and there is a foot high rock ledge I have to step up on to get to my house. Fortunately, there is a natural ramp I use to get my mower to the upper level. However, there was a big rock poking out of the ground in the middle I hadn't noticed until the left wheel hit it and nearly tipping the dolly over. I pulled with my right hand and pushed down with the left. The dolly

See "My Cross to Bear, Pt 2," cont. on pg. 15

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ARIES (MAR 20 – APR 19)

As Sep. begins, your focus is on self-improvement. You may be inspired to strengthen your exercise routine and improve your diet. **The New Moon of Sep. 14** helps you to integrate your intentions. Meanwhile, Mars in your work sector also assists your ability to stay organized. Sep. 23 through Oct. 22 emphasizes the dance of relationship. **The Solar Eclipse of Oct. 14** provides partnership clarity. **The Lunar Eclipse of Oct. 28** inspires you to redo your long-term financial plan. Manage money and personal power in a more effective way.

TAURUS (APR 20 – MAY 20)

Late summer is your time of the year to indulge your sense of playfulness and creativity. Your "fun house" in your chart is being activated so take advantage of this enjoyable cycle. **The New Moon of Sep. 14** stimulates friendship, networking and possibly romance. Late Sep. through Oct. 22 emphasizes work; be inspired to make improvements in your skill set and efficiency. The **Solar Eclipse of Oct. 14** could bring about a job promotion or at least greater responsibilities. As Oct. ends, make stronger bonds with your closest partner thanks to the **Lunar Eclipse, Oct. 28**.

GEMINI (MAY 21 – JUN 20)

Early Sep. highlights the time of year for you to nurture home and family. **The New Moon of Sep. 14** provides a more objective perspective concerning ways to enhance your overall security. Late Sep. through Oct. 22 favors fun, romance and friends. Make plans for a late summer getaway. **Uranus retrograde** triggers your intuition in a positive way. The **Solar Eclipse of Oct. 14** could trigger a new (or improved) romance. As Oct. ends your attention turns toward self-improvement, nutrition, and exercise. The **Lunar Eclipse Oct. 28** gives you the resolve to become healthier.

CANCER (JUN 21 – JUL 22)

As Sep. begins, the pace of your life picks up. Your attention turns to communication, local activities and short trips. The **New Moon of Sep. 14** motivates you to communicate your truth. Jupiter and Uranus retrograde reminds you to evaluate your social network. From late Sep. until Oct. 22 attention turns towards home and family. The **Solar Eclipse of Oct. 14** ushers in an opportunity for healing old hurts with a family member. The energy shifts towards enjoyment, romance, and fun as Oct. ends. Use the energy of the Lunar Eclipse to generate more pleasure in your life.

LEO (JUL 23 – AUG 22)

As Sep. begins, you'll be motivated to get your financial house in order. Examine ways to improve your income by looking for ways to leverage creative skills. **The New Moon of Sep. 14** illuminates ways to enhance your abundance. As Sep. unfolds into Oct., your communication sector in highlighted. Use this time to organize your thoughts; write, teach, disseminate your ideas. The retrogrades of Uranus and Jupiter inspire you to review career strategies. The **Solar Eclipse of Oct. 14** inspires you to redo your schedule or organize your environment. As Oct. ends, your attention turns towards making home improvements thanks to the Lunar Eclipse.

VIRGO (AUG 23 – SEPT 20)

As the sun transits your sign you enjoy a sense of competence, charisma and confidence. Mars in your sign is pushing you to accomplish new projects. **The New Moon of Sep. 14** can help you regenerate yourself. Overall, Oct. is a month of getting your financial house in order. Explore the option of travel for expansive fun. The **Solar Eclipse of Oct. 14** signals a time to explore new ways to improve finances. Perhaps a hobby may shift into an income stream. The **Lunar Eclipse of Oct. 28** helps you with mental clarity, clearer thinking with less self-judgment.

LIBRA (SEP 21 – OCT 20)

You crave a retreat, with more relaxation and reflection as Sep. begins. Your internal muse signals an ideal time for you to explore your spiritual yearnings, especially around the **New Moon of Sep. 14**. Feed the soul so your physical health improves. Late Sep. through Oct. is your yearly renewal time; enjoy a new surge of confidence. The powerful **Solar Eclipse of Oct. 14** helps you identify what truly makes you happy. Tap into a deeper sense of personal power with the retrogrades of Uranus and Jupiter. The **Lunar Eclipse on Oct. 28** puts expanding your income in your crosshairs. Late Oct. favors financial planning and enhanced self-esteem.

SCORPIO (OCT 21 – NOV 20)

As Sep. unfolds, you are motivated to more social contacts, sharing views. Meet and mingle with associates for business and pleasure. **The New Moon of Sep. 14** answers questions for you involving friends. The energies of Oct. also support a sense of spirituality. Make time for meditation, prayer, and retreat. The **Solar Eclipse of Oct. 14** inspires you practice a healthier routine, nutrition, and exercise. The **Lunar Eclipse of Oct. 28** helps you to focus on your authenticity and personal power. Make the best of it by looking for more practical ways of defining your goals with greater precision and strength of vision.

SAGITTARIUS (NOV 21 – DEC 20)

Early Sep. triggers an urge to focus upon career, outer responsibilities and leadership skills. Expect to be tested especially around the **New Moon of Sep. 14** as you balance conflicting responsibilities of home and work. As Sep. unfolds into Oct. the emphasis is on networking, exchanges with fellows of like mind. The retrogrades of Uranus and Jupiter remind you to create a new health routine. The **Solar Eclipse of Oct. 14** assists your social goals; you may meet a new important contact. Late Oct. is a time to rest and relax and stimulate your creative spiritual nature, thanks to the **Lunar Eclipse of Oct. 28**.

CAPRICORN (DEC 21 – JAN 19)

Sep. is your expansion time of the year. Consider a trip, a class, or other ways to break out of your routine. Authenticity is the goal after the **New Moon of Sep. 14**. The **Solar Eclipse of Oct. 14** signals a time to make a career choice. It may be time to release unfulfilling work. Embrace old ways of finding joy with the retrogrades of Jupiter and Uranus. As Oct. ends you just want to get out and be social; networking becomes a priority. The **Lunar Eclipse on Oct. 28** will provide clarity regarding friendships, loves. Set your new social priorities with confidence.

AQUARIUS (JAN 20 – FEB 18)

Sep. is your time to explore the many aspects of intimate connections; shared power, joint resources and sexuality. The **New Moon of Sep. 14** offers more information about this aspect of life. Spiritual practices also become more of a priority. As Sep. ends and Oct. begins, a sense of adventure inspires you. This is an excellent time to travel or take up a new field of study. The **Solar Eclipse of Oct. 14** is a portal of change which charges up your communications. Late Oct. finds you in an enhanced leadership role thanks to the **Lunar Eclipse of Oct. 28**.

PISCES (FEB 19 – MAR 21)

Sep. 1st through Oct. 22 assists you in forming the right relationship. **The New Moon of Sep. 14** may stir up some conflict, so be prepared to use your compassion and diplomacy. Late Sep. through Oct. favors money management and an improved income stream. The **Solar Eclipse of Oct. 14** helps to expand your consciousness and gives you a better perspective on another's neediness. The retrogrades of Jupiter and Uranus inspires you to change your routine and schedule. The month ends with the **Lunar Eclipse on the 28**. This lunation inspires you to carve out a new adventure, travel or learn something new. ■

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Original work, in several parts.

A Tale of Two Bunnies, Part 3

© by Michael J. Waddlington

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Continued from the Jul/Aug 2023 issue. Some material carried over.

Muffwin and Little Bunny picknicking and a trundle.

In no time at all, the two bunnies were happily munching their good breakfast, and sipping good, warm Bun-cocoa ('wif vanilla bean and yeast). It was the best breakfast a bunny could have, on a cool morning at the foot of the Great Bunny Mountains. The good Sun was only half awake, and the cool, foggy valley was all sleepy with only a few good birds singing a morning song. The two little bunnies talked softly, so that the good animals wouldn't be disturbed. Little Bunny knew that all the good animals needed their sleep!

"Well, Muffwin, what should we do now? If we stay here, we'll just be *here*! But the Bison Bunnies might be *there* any time now!," said Little Bunny, sipping her warm cocoa.

"We could just explore, Little Bunny! I don't know if little hoppers like us should

trundle off just like that ... They might get all excited because we didn't share our Bunny cocoa and gorp!," replied Muffwin.

Little Bunny agreed. She knew Muffwin was right, especially since they had picked some good, rare wild Bun-carrots, which they heard Bison Bunnies liked to eat.

So, Muffwin and Little Bunny thought it all over and decided to give some good, warm cocoa to the Bison Bunnies as a nifty trade (*their company and stories for a little good cocoa*).

They packed up their bunny things and hopped over to the place where Little Bunny had found the bushy bun-carrots, and looked for a place to set the cocoa.

"Here!," cried Muffwin, who had found a hollow gourd that would hold a helping of the delicious cocoa. After leaving a special sign by the gourd for the Bison Bunnies, they picked a couple of flowers to put behind their ears.

When the warm Sun finished melting the cool, dew-frost, the two hoppers trundled off to explore. They agreed not to trundle farther than ten big hops, because farther than that was too far for little bunnies to see where to hop to next!

They found a very good place for trundling, and before long, the little hop-

pers were all agog! Over the little hill they hopped to, they could see a large green place with lots of Bun-berries and sweet, good Bun-chestnets, not to mention wild, strange flowers and plants in every color a Bunny had ever seen! Like a rainbow in flowers!

Muffwin and Little Bunny were having so much fun, laughing and giggling as they hopped and trundled, that it was hard to know it wasn't a dream. They found many good Bunny creatures, like little Bunny Badgers and some wise Bunny Owls.

A cute Bunny Badger looked out from his carefully hidden cave to see the Forest Hoppers coming over the hill. He was all perplexed! He usually didn't get up so soon after breakfast, but had heard all the giggling. He had never seen a Forest Hopper before, as he was a shy Bunny Badger who hadn't traveled very far from the green valley he loved to pad about in. But, the little hoppers were happy to meet him, and they made friends. They told the Bunny Badger their names, and asked the little Bunny Badger how he was called.

"Well, now that you asked me, I guess I'll tell you, though not many creatures around here ask me that. My name is



'Bagger'.

Little Bunny chirped, "Oh, that's a cute name!" Bagger smiled.

Muffwin asked the Bunny Badger if we would let them know if he saw any Bison Bunnies coming, as the little hoppers were very eager to meet them. (Bagger was a little surprised that such little Forest Bunnies would have such an interest in the Bison Bunnies, but promised to let the hoppers know if he heard or saw them coming.)

Now, the wise Bunny Owl knew all about little Forest Hoppers, and asked them to tell him about their long trundlings.

"It was a good thing," he said that little hoppers have come to visit, because I do like bunnies and get along with them very well."

Little Bunny asked him, "What's your name, Mr. Owl?" And the good owl, said, "Why, let me see," he paused for a bit, and said, "Oh, yes! It's 'Hootster!'"

The owl looked like a Forest Hopper, only with big wings!

Muffwin and Little Bunny asked Hootster if he had seen the Bison Bunnies, and the owl pointed with his wing and said they were very close, and then flew off to find them!

Muffwin and Little Bunny scampered off, with little grass sacks they had woven together filled with mementos from the green valley, like some of the rainbow flowers, and leaves and such. As they hopped, and bounced with vigorous little hops, they talked eagerly, their little ears all a'twitch, about the creatures and Bunny Plants they had seen.

"I think we should rest," Little Bunny said.

"Okay, Little Bunny! I can see our pine tree now, so we can stop there and rest awhile," Muffwin replied.

By the time they returned, the Bunny Sun had been up a while, and had nicely warmed the grass, and the day was beautifully sweet from all the aromas of the good plants.

Muffwin and Little Bunny sat down on the good green grass around another tree where they saw big yellow Buttercups, near their breakfast pine tree.

So they rested their tired little ears and tufts, knowing that when they woke they would be refreshed and ready for the next hopping exploration later. ■ (*Part 4 in the Nov/Dec 23 issue.*)



"My Cross to Bear, Pt 2, cont. from pg. 14

barely made it to the upper level without falling over.

Now, I knew there had always been a three-foot space between the steps leading to my deck and the plastic fence around my cat memorial. ... I also remembered I had gotten a lot of flat rocks real cheap at a yard sale. I had replaced the ugly black plastic fence with a standing rock wall. It looked cool but left just enough space between the rock wall and the steps for someone to walk by.

I considered easing the left wheel up on the step and trying to roll the dolly at an angle but the cross was top heavy and would probably fall into the cat cemetery, taking me with it. And if the cross fell I did not believe I could pick it up by myself. I could not stand the dolly up where it was. I had to keep it balanced at a sweet spot where it didn't fall forward or back on me. So doing this balancing act, I carefully reached down and picked up the rocks one at a time and tossed them out of the way. I also had to move one of the winged cat statues off a grave and out of harm's way. I apologized to one of my cats when I had to roll over her grave. ("Yes Catrina! I will come back and fix your grave when I am done!" Cats! Even in spirit!)

I knew there was a three-foot wide space between my house and the end of the privacy fence around my backyard. When I came to the opening I found there was a half-buried line of bricks across the opening. Where did they come from?

Ok, I could be the sensible old man and pull the two-wheeler over the obstacle OR I COULD give a big pull and Evel Knievel* over it. I went for it. I got

a good grip with both hands, counted to three, and pulled hard. [*Ed's: See chart, bio and "Quick Read," pg. 18]

Both wheels landed evenly on the other side.

Now it was just a matter of rolling the cross up beside the house and...

Then I saw my neighbor's car. It was parked in his driveway right next to my porch. I rolled the cross up the side of the house to the car. Yes! There was just enough space between my porch and the car. Well, it certainly looked like it.

I pulled the dolly alongside the porch. I had to lower the cross a bit to clear the car's side mirror. I am not kidding. There was a two-inch clearance on either side. As I carefully eased along, I wondered if something went wrong what I would tell my insurance agent. Finally it cleared and I pulled the cross on to the sidewalk in front of my porch. Just a matter of rolling the cross into place.

When I had had mulch delivered to my house a dozen years ago, I laid an eight-foot landscaping log on the edge of the mulch to keep it off the sidewalk when it rained. The log was still there. First I reached down and rolled it to the other side of the sidewalk. Then I realized it would be in back of me when I was positioning the cross. If I fell backwards at best I'd have to call 911 to get the thing off of me. Worse? "Local Psychic Crushed to Death By Cross."

I stood the dolly up and picked up the log and threw it out of the way.

Yes! I could see the back of the tree monster. I rolled the dolly down the sidewalk, turned it, and eased it into place on the mulch. I excitedly unbound the cross, got it off the dolly, and put in place. I made sure it was centered and would stand on its own. I went into the house and got my level. With a couple of rocks

my Celtic Cross was in position and standing straight!

I ran down my walkway to the sidewalk in front of my yard.

There was the temple and the tree monster. But no cross!

It was gone!

Oh no! Not a "Twilight Zone" ending! "Cross? No Sir, we never sold you a cross. We don't sell such a thing here."

I ran back. There was the cross! Standing right where I left it.

I walked back to the front. The trees and the bushes hid the cross. If you were not looking for it, you wouldn't know the cross was there.

I know what you are saying: "Robert, get an ax, a saw, and some hedge clippers and go to work."

No.

The cross taught me a lesson. Everything mystical, magical, or spiritual is right in front of us IF we are looking for it.

I left the cross exactly as it was.

And as a treat when my birthday came at the end of September, when the leaves started to change, the cross started to show itself. By Halloween it loomed over the tree monster and bone temple exactly as I wanted it to.

"Where did that cross come from?" People wonder, "Is it a Halloween decoration or was it always there?" And it looks cool in snow (in a graveyard sort of way).

When spring finally returns, my Celtic Cross will be hidden again.

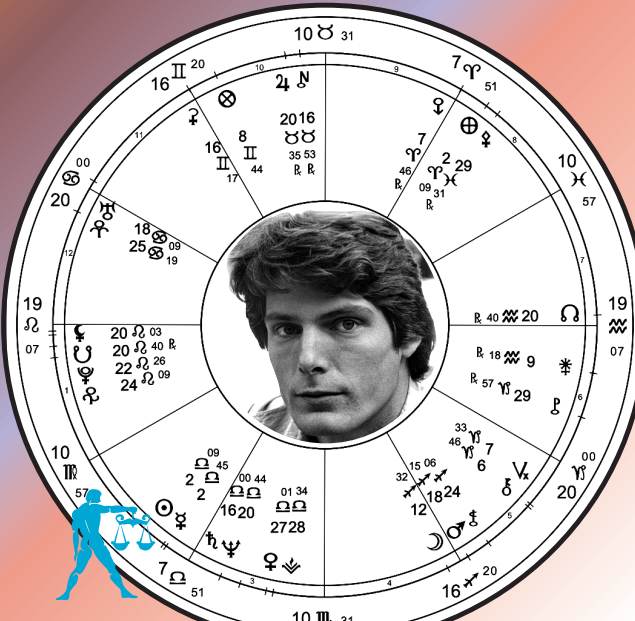
Hey! I (we) know it's there. ■

Contact Robert for a reading, robertdhermit@aol.com, 816-561-1481.

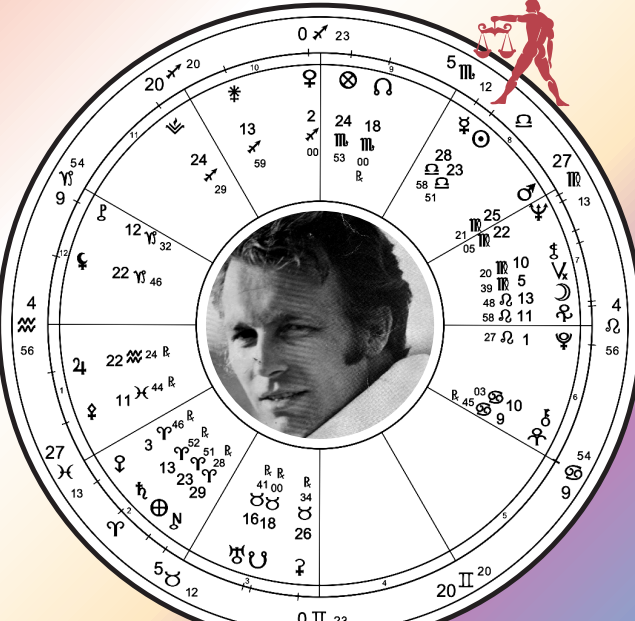
Chart Focus on Libra

– Not Aries, but some can be a bit rambunctious –

Chris Reeve, Evel Knievel



Christopher Reeve,
b Sep. 25, 1952, 3:12 pm
New York, New York
(Something of a daredevil in his own right, Chris Reeve challenged himself professionally and in his life, overcoming a terrible accident to become a spokesperson for stem cell research.)



Evel Knievel b. Oct. 17, 1938, Butte, Mt., 2:10 pm, MT
(Daredevil motorcyclist extraordinaire. Like all daredevils, thumbs his nose at the restraints more cautious men embrace.)

Some quotes by Chris Reeve

Material obtained from azquotes.com/

“At some time, often when we least expect it, we all have to face overwhelming challenges. When the unthinkable happens, the lighthouse is hope. Once we find it, we must cling to it with absolute determination. When we have hope, we discover powers within ourselves we may have never known – the power to make sacrifices, to endure, to heal, and to love. ...”

“Pain is inevitable. Misery is a choice.”

“A hero is someone who, in spite of weakness, doubt or not always knowing the answers, goes ahead and overcomes anyway.”

“What makes Superman a hero is not that he has power, but that he has the wisdom and the maturity to use the power wisely... that’s how I approached the part.”

Your body is not who you are. The mind and spirit transcend the body.

“Either you vegetate and look out a window, or activate and try to effect change.”

Some Quotes by Robert Craig (Evel) Knievel

Material from azquotes.com/

“A man can fall many times in life, but he’s never a failure until he refuses to get back up.”

“If you don’t know about pain and trouble, you’re in sad shape. They make you appreciate life.”

“I decided to fly through the air and live in the sunlight and enjoy life as much as I could.”

“The finest compliment you can pay a man is that his word was as good as gold.”

“When you’re mad at someone, it’s probably best not to break his arm with a baseball bat.” [See bio for reference.]

“I would always rather be in the arena fighting than be a spectator.”

“I can say the Lord’s prayer in 10 seconds.”



Chris Reeve, as one of the more “picturesque” versions of Superman, and his cover as Clark Kent, nerd with a word. (Images from internet sources.)



Material obtained from various sites. Excerpts reprinted as “fair use.” Abridged. Edited for brevity, clarity, and/or flow. Editor’s comments, etc., in square brackets. References omitted.

Christopher (D’Olier) Reeve

b. Sep. 25, 1952, 3:12 am (d. 2004)
New York, New York

Material obtained from astro.com. Abridged, etc.

Another “super” guy and more than a pretty face

American actor on stage, film and TV, tall and handsome, he played in the TV soap “Love of Life,” in the movie “Gray Lady Down” and on Broadway with Kate Hepburn in “A Matter of Gravity.” He was most noted for his lead role in “Superman,” 1977... Reeve played in three sequels and ten other

films. He went on to appear in a total of 17 feature films, a dozen TV-movies [see end of article], and about 150 plays. In addition, he hosted or narrated numerous documentaries and TV specials [involving] aviation or stunt work. His compelling autobiography, “Still Me,” was released in April 1998 and quickly hit the bestseller lists.

From a moneyed East Coast background, Christopher studied classical piano and learned to love sailing and equestrian sports, including skiing, skating and tennis. On May 27, 1995, while riding at the Commonwealth Dressage event, which is a three-day competition in precision horsemanship, he was thrown forward and hit his head, suffering multiple fractures of the first and second cervical vertebrae in his spine. ... □

See “Chris Reeve,” cont. on pg 17

Material obtained from various sites. Excerpts reprinted as “fair use.” Abridged. Edited for brevity, clarity, and/or flow. Editor’s comments, etc., in square brackets. References omitted.

Robert Craig (“Evel”) Knievel

B. Oct. 17, 1938 (d. 2007)
Butte, Mt., 2:40 pm

Material obtained from astro.com. Abridged, etc.

Hellraising Gladiator with a “lust for life”

American daredevil, a modern-day gladiator who [performed daring motorcycle stunts that nearly] killed him many times. A movie of his life was made in 1972. In 1977, he made an attempt to jump his motorcycle over a tank full of sharks, which were tranquilized and harmless as a precaution.

A school drop-out and hell-raiser, Knievel was spoiling for trouble from the time he was 19. With a history of aggression that occasionally went out of control, he once served a six-month jail term for beating his former press agent with a baseball bat*. [See quote reference above.]

[During his death-defying stunts, he suffered numerous injuries and according to Knievel, contracted hepatitis C during one of many operations to repair broken bones.] □

More Evel Knievel...

Material obtained from en.wikipedia.org/wiki/Evel_Knievel. Abridged, etc.

RAISED BY HIS PATERNAL GRANDPARENTS, Knievel was inspired to become a motorcycle daredevil after attending a



Joie Chitwood auto daredevil show. He left high school early to work in the copper mines but was later fired for causing a city-wide power outage. After adopting the nickname “Evel Knievel,” he participated in rodeos, ski jumping events, and served in the US Army before marrying Linda Joan Bork and starting a semi-pro hockey team. ... Eventually, he opened a Honda motorcycle dealership in Washington but faced difficulties promoting Japanese imports. After the dealership closed, Knievel worked at a motorcycle shop where he learned motocross stunts that would later contribute to his daredevil career. ... □

Fromstarsinsider.com/celebrity/404240/evel-knievel-remembering-the-motorcycle-stunt-legend... Celebrated for a series of

Some thoughts on the featured charts

— Water Dragon + Metal Tiger —

Interesting, isn't it, that I would be motivated to choose two rather atypical Librans, who just happen to have Ascendants in opposite signs, Leo vs Aquarius? They both seem to have a "fated" nature as to how their lives unfolded.

Chris Reeve has a potent Black Moon Lilith conj. S. Node, conj. Pluto in Leo, his Ascendant. Challenging the ego's dominance, the N. Node is in Aquarius. Poignantly, his Libran planets include a Saturn/Neptune conjunction: *pain and suffering for a cause — Or just the difficulties arising from a sensitive nature: the world of dreams vs "reality."*

Another component that echoes these themes is that feisty Moon-Mars-Chariklo (*Chariklo being the water nymph, shape-shifting wife of Chiron*) in the sign

of the Centaur, Sagittarius. *Readers may recall the Chiron myth, here.* It is my feeling that those with Sagittarian planet placements (or Ascendants) tend to bring along with them many Centaur traits — the chief of which is a hard-to-control impulsive quality — that only those with a lot of skill or grit may attempt to tame.

But "taming" the rampant qualities of Moon/Mars is something one doesn't do lightly, as the instinctive nature is strong along with a very wide impulsive, reckless streak. In Chris' case, it is beautifully clothed in his various roles.

Deepes are here, and he used his strong instinctual nature to bring facets of his acting personas to the fore. Believe. Do. Be. ❖

Evel Knievel Shares some of the impulsive traits with Chris, though his are more hard-edged, looking at his Mars/ Neptune conjunction in Virgo, where both planets are out of sorts. (*Mars in Virgo is more combative here with Neptune straddling the cusp of the 8th House, the "Scorpio" house of sex and death.*) Death-defying? Yes.

And he has some of those Sagittarian traits mentioned in Chris' segment, with Venus in Sagittarius conjunct the MC, and Juno (*wide conjunction*) widely trine his Moon in Leo, with a tighter trine to his Leo Pluto. Knievel's N. Node in Scorpio conjuncts his Part of Fortune *favoring those deep dives or flights* going to the depths and beyond; urged on by an ego that constantly wanted to test itself.

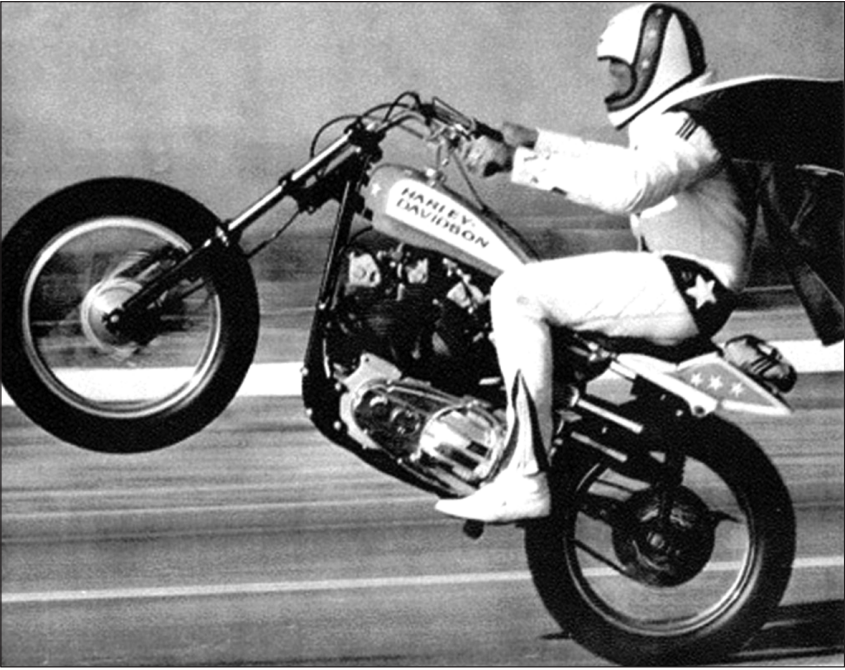
Consider that Jupiter in the first

house (!) — *Jupiter ruling his Sagittarian MC. Centaur? Rampant? Yes.* And his other fire sign planets and points in Aries: Eris, the "disruptor" challenging the *status quo*; Saturn with Nessus, a struggle to maintain control of extreme desires and impulses. Disruptor energy is also indicated by the S. Node in Taurus conj. Uranus. Brought it with him, challenging a conservative and materialistic tendency.

Astronomically, Saturn would have been very close to the Earth, I believe, as it is opposite his Libran planets. Speaking of his Libran planets, especially Sun-Mercury: both Knievel and Reeve share that combination, *ergo* a lot of belief in themselves. *Through my observations as an astrologer, Sun-Mercury conjunctions tend to be less objective about who and what they are; but it is a blending of thought and beingness.* ❖



Images from internet sources. Above: Knievel jumps lots of buses. Below, Knievel on-bike, ready to fly. Unabashed hell-raiser, self-described (as well as attested to by others), he defied death and rode on.



highly publicized ramp-to-ramp motorbike jumps, his risky lifestyle and flirtation with danger endeared him to a public eager for thrills, spills, and over-the-top showmanship.

Regarded by many as the father of extreme sports, the seemingly indestructible daredevil managed to walk away from numerous and spectacular crashes. *Eventually, however, his health declined and Knievel passed away in November 30, 2007, aged 69.* □

en.wikipedia.org/wiki/Evel_Knievel ...

Knievel participated in local professional rodeos and ski jumping events, including winning the Northern Rocky Mountain Ski Association Class A Men's ski jumping championship in 1959. During the late

1950s, Knievel joined the US Army. His athletic ability allowed him to join the track team, where he was a pole vaulter. After his army stint, Knievel returned to Butte, where he met and married his first wife, Linda Joan Bork. Shortly after getting married, Knievel started the Butte Bombers, a semi-pro hockey team... □

From history.co.uk/shows/evel-knievel-live/articles/evel-knievels-5-greatest-stunts — Knievel's record for jumping the most buses on a Harley-Davidson stood for 24 years until 1999 when it was finally broken by Bubba Blackwell. ■



"Chris Reeve bio," cont. from pg. 16

More Chris Reeve bio...

Material from [biography.com/actors/christopher-reeve](https://www.biography.com/actors/christopher-reeve). Abridged, etc.

IN 1995 HE BECAME PARALYZED from the neck down following a horse-riding accident. [Afterwards], he founded what became the Christopher & Dana Reeve Foundation in 1996 to promote research on spinal cord injuries. *He died of cardiac arrest in 2004.*

Superman' and Other Films The actor catapulted to stardom when, following a two-year casting search, he was selected to play the titular superhero of Superman (1978). The popularity of the film, and Reeve's winning portrayals of the Man of Steel and his alter ego, Clark Kent, spawned the release of Superman sequels in 1980, 1983 and 1987.

Reeve also starred in "Somewhere in Time" (1980), "Deathtrap" (1982), "The Aviator" (1985) and a TV movie adaptation of "Anna Karenina" (1985), *during which time he developed a fascination with horse riding.* His post-Superman films included "Noises Off" (1992), "Morning Glory" (1994) and "Village of the Damned" (1995). ■

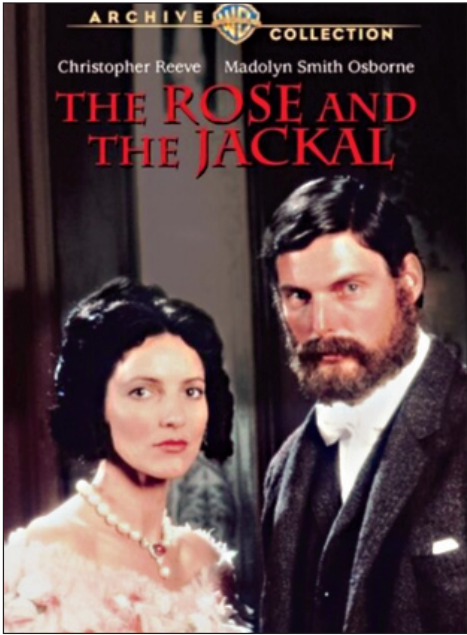
Editor's addition —

Not mentioned in his TV movies above was "The Rose and the Jackal," *see movie cover above*, involving a taut conflict-love interest between Allan Pinkerton (*who established the "private eye" firm of Pinkerton's Detective Agency*) and a notorious southern belle, Rose O'Neal Greenhow, spy for the Confederacy. To my mind, this was one of Reeve's finest portrayals. *Lots of action, intrigue and a brave "Joan D'Arc" (or maybe Mata Hari) for the southern cause.* □

The Rose and the Jackal

Synopsis from Wikipedia.com. ... a 1990 American made-for-television adventure film produced by TNT starring Christopher Reeve and Madolyn Smith. The plot revolves around Union agent Allan Pinkerton, played by Reeve, falling in love with female spy Rose O'Neal Greenhow. ■

Editor's comments: Reeve comes across very believably as a burly, brusque, powerful no nonsense Scotsman, dedicated to routing out those plotting to kill Lincoln

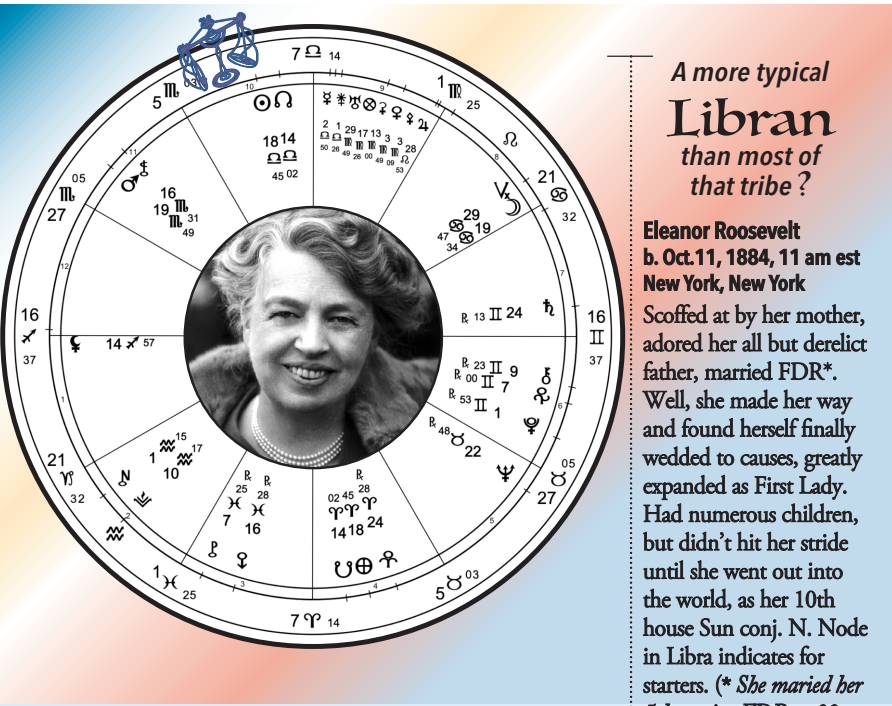


with daring efficiency. *During the movie we see Pinkerton's progression from curt even brutal annoyance with Rose O'Neal Greenhow's unwillingness to "tell all" about her contacts in the Union government transformed into grudging admiration - inspired by her unfaltering dedication and willingness to sacrifice all in the face of an unfailingly certain fate.* Though he vowed to "break her," he failed. Instead, he fell in love with her (though he was married with sons).

A surprise at the end transports this piece of entertainment from just being a good action film into a soaring tribute to courage, ingenuity and spirit, lifted up by Reeve's "super" performance. Not telling what, in case you want to view the movie and have this experience yourself. Though it may be difficult to find, try a wide Internet search. Someone should have it! ❖

Editor's comment: *I believe many astrologers overlook the fact that Libra is a masculine sign, and end up painting rosettes around this sign. Here are two truly masculine Librans — real-world examples — who put that idea to rest. Or should. Their lives are a testament to their maleness, whatever else came about due to their choices; both took responsibility for outcomes. Both inspiring in their own way, though perhaps, cautionary.*

In America today, it's almost sacrilegious to speak admiringly of "masculinity," as there seems to be a definite effort to erase "man" from mankind, even to the point of emasculating him. I am here to contradict that social pressure. ❖



A more typical Libran than most of that tribe ?

Eleanor Roosevelt
b. Oct.11, 1884, 11 am est
New York, New York

Scoffed at by her mother, adored her all but derelict father, married FDR*. Well, she made her way and found herself finally wedded to causes, greatly expanded as First Lady. Had numerous children, but didn't hit her stride until she went out into the world, as her 10th house Sun conj. N. Node in Libra indicates for starters. (* She married her 5th cousin, FDR at 22. Was this some kind of arranged marriage?)

Some Eleanor Roosevelt Quotes

Material from thoughtco.com

- "No one can make you feel inferior without your consent."
- "Friendship with one's self is all-important because, without it, one can not be friends with anyone else in the world."
- "The giving of love is an education in itself."
- "Never allow a person to tell you 'no' who doesn't have the power to say 'yes'."
- "It is not fair to ask of others what you are not willing to do yourself."
- "The future belongs to those who believe in the beauty of their dreams."

Material obtained from various sites. Excerpts reprinted as "fair use." Abridged. Edited for brevity, clarity, and/or flow. Editor's comments, etc., in square brackets. References omitted.

(Anna) Eleanor Roosevelt
B. Oct. 11, 1884, 11 am, NY, NY (d. Nov. 7, 1962)
Material from astro.com. Abridged, etc.

American First Lady, the wife of Franklin D. Roosevelt, the 32nd president of the US from 1933-1945. Her father was the younger brother of Theodore Roosevelt and her mother a society beauty who died of diphtheria when Eleanor was eight years old. A few months after, scarlet fever claimed her brother's life. She was a shy, solemn, lonely, insecure and serious little girl, awkward and homely.

At 15, Eleanor entered a girl's school near London where she intellectually excelled. In 1902, she volunteered to teach the children of the immigrant poor. A year later, 1903, Franklin D. Roosevelt, a senior at Harvard, proposed to Eleanor. They married on Mar. 17, 1905 in New York City. They had six children, including one who died in infancy. Their children were plagued with many broken marriages (19 among the 5 of them), failed businesses and other personal setbacks.

In 1918, Eleanor discovered several love letters written to her husband by her secretary

Lucy Mercer, with whom he was having an affair. This event destroyed the marriage, which continued in name only as they led separate lives. Her physical relations with her husband apparently ended at that time.

At a time when the First Lady was to be seen and not heard, Eleanor Roosevelt broke that precedent. She was active in such progressive causes as the League of Women Voters as well as the Women's Trade Union League. She helped found the private Todhunter School in Manhattan and taught history and government part-time. She was both an activist and an educator. One of the most gracious and beloved First Ladies in history, she was active in social, humanitarian and cultural work. ...

By 1933, Eleanor was not only a savvy political spouse but an intuitive political operative in her own right. She had also attained considerable stature as a writer, magazine editor, lecturer, and radio personality; and with three partners was proprietor of a girls' school in Manhattan, as well as a crafts factory upstate producing furniture, pewter and woven goods. She sought relief from her busy public and personal life in a rural household near Hyde Park, NY, which she maintained apart from her family. ... ■

"Why we (must) fight," cont. from pg. 13

quences in court. They didn't act - so now we've taken them to court yet again. □ [Editor's note: To help protect pollinators, visit centerforfoodsafety.org and sign their petition calling for action against bee-killers. As I said in my editorial, the court system is unreliable in protecting life and health, a "crapshoot."]

George Kimbrell, Legal Director, WDC Office, 518 C Street, NE, Ste 200. Washington, DC 20002, 202-547-9359, centerfor foodsafety.org

China takes over US farmland (???)

How China Is Destroying American Farmland

Analysis by Dr. Joseph Mercola Fact Checked, July 6, 2023

NORTH CAROLINA is the home of more than 2,000 large-scale hog farms, primarily clustered in the rural eastern region of the state. ... More than 200 of these N. Carolina hog farms are owned or operated by Smithfield Foods, the largest pork producer in the world, which was acquired by the WH Group Chinese pork conglomerate in 2013 ...

As reported by Rolling Stone (2018): The Chinese government had a track record of using nominally private entities



as proxies for state power ... In 2011 ... [their] government issued a plan directing Chinese companies to buy foreign food producers and farmland. In two years, Chinese nationals went from owning \$81 million worth of American farmland to nearly \$1.4 billion ...

It's about 50% cheaper to raise hogs in N. Carolina than in China ... due to less-expensive pig-feed prices and larger farms, [and] because of loose business and environmental regulations ... which have made the US an increasingly attractive place for foreign companies to offshore costly and harmful business practices.

China Dumps Its Agricultural Waste in the US In years past, the US outsourced dirty industry processes to poorer countries. Today, China is doing the same, and it's treating the US as a "developing nation" [quotes added]. [US environmental laws have gotten increasingly lax over time due to regulatory capture by industry, which is what allows for this "hostile takeover" in the first place.] ... In China, hog farmers are forced to spend big bucks on wastewater treatment, digester systems to convert manure into a natural gas, and odor control systems to shield nearby residents from the stench. ...

Usha Haley, a professor at W. Virginia Univ. who has studied the Chinese takeover of American agricultural assets for well over a decade, told Rolling Stone:

China will not care about the health of people living beside the hog farms. China will ... leave the pollution here but take the ... pork back to China.

One year after Smithfield was gobbled up by the WH Group, 500 residents filed more than two dozen lawsuits against the company. ... By early 2020, five of the lawsuits had gone to trial, and Smithfield lost them all. In each case, the jury unanimously concluded there had been an 'unreasonable and substantial interference with the reasonable enjoyment of the [plaintiff's] property'.

In all, Chinese-owned Smithfield was ordered to

pay \$550 million in damages, later reduced to \$98 million due to a state cap on punitive damages. According to Corporate Crime Reporter, Smithfield settled the remaining cases out of court. Still ... it doesn't change how hogs are raised in NC or anywhere else in the US. ...

[Several] studies concluded that living near CAFOs has a detrimental impact on health. For example, one 2018 study by Duke Univ. found that people living in close proximity of hog CAFOs have:

- ▼ Higher all-cause mortality
- ▼ Higher infant mortality and low birthweight
- ▼ Higher mortality due to anemia, kidney disease, tuberculosis and septicemia.

The massive amounts of hog waste* produced by these industrial farms ... pollute well water and surface water with nitrates, phosphorous and fecal bacteria, which in turn contributes to algae blooms that kill fish and can cause life-threatening illness in humans.

The largest cluster of hog farms in NC also happens to be located in a coastal floodplain, which further heightens this water pollution risk, as storm flooding washes the hog waste into the surrounding ecosystem. □

*Editor's postscript:

Hey! China! US corporate criminals, USDA! It's clear that government engineers make very poor Earth stewards. Hog manure, if composed and aged over several months actually makes a very good fertilizer. Geez. What these pencil heads don't (won't) know about earth economies...!? Or is this CAFO proliferation without consideration for ways to control and use "animal byproducts" like manure, etc, just another way to impose an engineered evil upon all of us? See below.

From gardeningknowhow.com:

Pig Manure for Compost The key to how to

compost pig manure is that it needs to work at a high heat and be turned frequently. [Ed's: Should be easy to do if you're an aw'mighty "engineer."] Build a pile with a good mix of ingredients, [e.g., dried grass, dead leaves and organic waste]. Mix the pig manure in with the ingredients and add some garden soil. Keep the pile moist, but not wet, to get the decomposition action going. Compost needs air in order to transform, and you give the pile air by turning it. ... Dig down into the pile, bringing bottom materials up to the top. [Ed's: Gee, can't the great Chinese bureaucratic engineers, Big Ag people do this?] Do this at least once a month to keep the action going in your compost pile, and let it work for at least four months before you use it.

The best timing for using pig manure in the garden is to build a fresh compost heap in the fall when you're cleaning up the garden and yard at the end of the season. Turn it over every three or four weeks until the snow flies, then cover it with a tarp and let the compost cook all winter. ... □

Watch out for FedNow

© 2023 by Jason Hanson, blackbag@spybriefing.com (Jul. 20, 2023)

New government payment system = death of your freedom?

[Soon] the government will launch a new payment service called FedNow. It will let you transfer or receive any amount of money from anybody instantly. The catch... It will also give the government TOTAL access to your bank accounts, purchase history, sensitive financial information, [all your transactions in a FedNow dragnet].

It will compromise your privacy and freedom as an American citizen... ■

Editor's: Be on the lookout for this new federal tool of control. Resist. Resist. Resist!

"Greer's Disclosure 2023" cont. from pg. 13

eliminating pollution, and poverty, as well as creating individual sovereignty. If we all could master our "energy ship," then the hammer of control from the "elites" would be eliminated. [Ed's: Amen! Sister!]

During the June conference, Greer released his latest film outlining the need for full disclosure of this ET technology to free the world, called the "Lost Century."

The Disclosure Press Conference took place in the historic National Press Club prominently situated in the heart of Washington DC and streamed live across many social media platforms. Dr. Greer introduced six whistleblowers as heroes, and, during the three-hour gathering, the crowd of approximately 200 journalists, most of whom are independent, listened with rapt attention... All the testimony was riveting. I will share three narratives.

Michael Herrera retired Marine Corps said he only recently came forward with his story, because of fear of reprisal. Back in 2009 he had been on a humanitarian mission in Indonesia, in a company of six men. He and his men were scaling a mountain side when they were startled to see a saucer shaped craft literally floating ten feet off the ground with an [audible] hum. The marines all got a good look at the craft when it suddenly disappeared into the sky. At this point he and his company were stunned to see uniformed US soldiers surround them, screaming at them saying they could "kill them" and lose them in the jungle.

Herrera noted that these soldiers did not have the usual insignia on their uniforms. They patted Herrera's men down, removed their phones and ID. The rogue soldiers told Herrera's men to turn around and then escorted the men off the slope, saying they could never talk about the craft they stumbled upon. Back at the base, Herrera was debriefed by a military man, presumably a general, who would not tell him his name, who warned Herrera that if he ever spoke of this event he and his family would die. Upon reflection, Herrera believes he and his men stumbled upon an 'alien reproduction vehicle', or ARV. He believes this craft was covertly manmade and was being used to traffic weapons and drug and possibly humans.

US Army retired, Steven Digna, Jr had an assignment near a desert base connected to the Raytheon corporation, (rtx.com/raytheon) a tech corporation which delivers sophisticated weapons to all branches of the US military. One evening he saw two craft with spinning lights through his night goggles flying over the desert. He was told by the Raytheon employees, 'You have not seen that.'

Five days later he and his wife were driving home after seeing a movie. Suddenly in the sky over the desert they came upon a circular craft floating stationery over the desert floor blocking their vehicle. Digna reported that a wave of vibration emitted from the craft entered his body. He said it felt as if he was being 'microwaved' and then later found himself on an examination table with beings taking samples from his body. He glanced at his wife. She, too, was flat on her back. Digna was able to glance upwards and said he couldn't see the stars in the night sky and believed he was witnessing a huge cloaking device obscuring everything within sight. He also believes he was witnessing some sort of hologram in the sky. At one point he observed the underbelly of the craft and said it looked as if the craft had a docking socket on it as though it would fit on an electrical charger. — Digna's testimony was peppered with emo-

tion and apologies, saying that the PTSD he has experienced from his experiences have caused extreme distress.

Another witness connected to Raytheon, Eric Hecker, testified about his experience at the US base at the South Pole where he worked as a government contractor from 2010 to 2011. He said his testimony has been delivered to the US Senate Intelligence Committee.

Hector described the facility as having incredible technology. Embedded in the ice* is a neutrino device which can be used, as he said, as a multifaceted weapon system... He says that the South Pole Station emits neutrinos which can track UFO/UAPs which also emit neutrinos. He called the station essentially an "air traffic control station" for off world and manmade craft. [Ed's: This sounds like a disclosure about a facility at the S. Pole called IceCube. More on that later.]

His primary concern is the level of power generated at the South Pole Facility. He recalls when the systems were fired up, there were earthquakes in Christ Church, New Zealand. He says that these systems can essentially be used as a weapon, going against international treaties.

He was told that the ELF [extra low frequency] system at the facility was off-line, but discovered that it was indeed up and running. He recalls an incredible green laser shooting into the cosmos ... Hector emphasized that the general US public are paying for these technologies but know nothing about their existence, or the nefarious way they could be used. [See Greer's site, siriusdisclosure.com for more.]

The press conference ended on something of an upbeat note. Greer said that after 30 years of investigating UFO/UAPs there is finally a legal push for the US Congress and Senate to review the testimony of so many witnesses. [Ed's: Actually happening, as a Senate bill was recently launched for all UAP tech to be turned over to the "authorized" government. Is that better? Maybe.]


Step one of that call to action occurred on Jul. 26, 2023, when three whistleblowers testified before Congress. Retired Maj. David Grusch stunned listeners by saying that the US government has had in its possession 'non-biologic beings' and their downed craft for decades. He says he knows where the bases are, and felt a compulsion to finally come forward with the truth:

My testimony is based on information I have been given by individuals with a longstanding track record of legitimacy and service to this country – many of whom also shared compelling evidence in the form of photography, official documentation, and classified oral testimony...

Grusch [added] that the trove of evidence has been intentionally kept secret from Congress. ...

So, How Now Deep State!? Pluto is now in the same position as it was during the formation of the US [a Pluto return]. The revolutionary urge to have the truth set us free is as pertinent today as it was in 1776.

Editor's note: I was pleased that Joan was able to attend this event and allow me to include her account in this issue. (Thank you for such a cogent recap!) | Dr. Greer is someone who has "stuck his neck out" by collecting astonishing accounts on the UFO front, the anti-human cabal agenda and such like. He offers compelling material in book and DVD form. His book, "Disclosure" is well worth it for those who want more truth ammo to "aim at" scoffers who haven't gotten it for over 70 years. If you are here now, you have a duty to help crack open the shielding these monsters have enjoyed. It's time to become a "Giant Killer," as I say in my editorial for this issue. ❖



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— C. S. Lewis





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Pathfinder readers and supporters have said:

- ◆ I reckon it's the best... (C. W.)
- ◆ I always enjoy reading Pathfinder...
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- ◆ The Pathfinder is unique...
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- ◆ Gives me something to save in every issue.
- ◆ Pathfinder may have saved my life.
- ◆ I love the Pathfinder!
- ◆ Wow, Rose! (The May/June 2020) looks great! Thanks for all your deep and thorough research into the coronavirus. We are making a difference. With much love and warm wishes. (Fred Burks, wantToKnow.info)
- ◆ Thanks for holding their feet to the fire! (Dane Wigington, geoengineering-watch.org)
- ◆ Pathfinder performs such a good service to the community!
- ◆ It is evident that Pathfinder was created by seekers of truth. Pathfinder issues are strikingly beautiful, filled with soul-inspiring visual works of art. ... Pathfinder is for people who want the truth, enjoy exploration and adventure of the mind and spirit, like to be inspired, appreciate informative holistic wellness knowledge, and are wishing to grow spiritually. - (V.)
- ◆ Enjoyed the artistic covers (Nov/Dec 22, Jan/Feb 23) – always striking; your editorials, and the articles on the colors of the stars, the ravens/wolves connection, the gold pyramid cluster, 2023 (7 year), MU, the sleep/wake time, astrological overview, M. Yogananda, major arcana cards, the woolly bear caterpillar, intelligent quotes by T. Roosevelt, and quotes from Sco/Sag. especially Beethoven (!) - (C. C.)
- ◆ Thank you Rose! And I really mean for everything you do for all of us! - (S. S.)



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